

FALL 2024

KANSAS CITY, MISSOURI PARKS & RECREATION ACTIVITY GUIDE

AUGUST - DECEMBER



WHERE KC
plays





OUR MISSION STATEMENT

Our Mission

To improve the quality of life, health and wellness of our community by providing socially equitable, community-driven programming and environmentally sound natural resource management.

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More About Us

Kansas City, Missouri Parks and Recreation provides facilities, programs and recreational opportunities for the community that contribute to an aesthetically pleasing environment and enhanced quality of life. The department maintains 221 parks, 12,242 acres of parkland, 158 miles of trails and bikeways, 29 lakes, hundreds of athletic fields and tennis courts, 106 playgrounds, and five public golf courses. Miles of scenic boulevards and parkways crisscross the city, where 48 fountains and 122 monuments and sculptures surprise and delight. Ten community centers, along with eight museums, provide the setting for socially equitable and community-driven programming.

Board of Parks & Recreation

Commissioners

Beth Haden, President

Pat Contreras

Tom Gorenc

Stephenie Smith

DePrice Taylor

Parks & Recreation Director

Chris Cotten



Rainout Line

Live Update for KC P&R Athletics



You can now check the status of games and programs
SIGN UP FOR
Email & Text Alerts!

COMMUNITY CENTERS

The heart of our neighborhoods beats in our community centers. KCMO Parks & Recreation operates ten unique centers throughout the city that provide a wide array of activities, services and events for all ages.

ADMISSION

YOUTH (Ages 17 and under)

Facility: Free

ADULT

Facility Pass: \$5/day

All Access Pass: \$30/month, \$300/annual

Group (2 or more): \$30 for initial membership, \$10 off for each additional membership, must be members of the same household.

SENIOR (60+)

Facility Pass: \$3/day

All Access Pass: \$20/month, \$200/annual

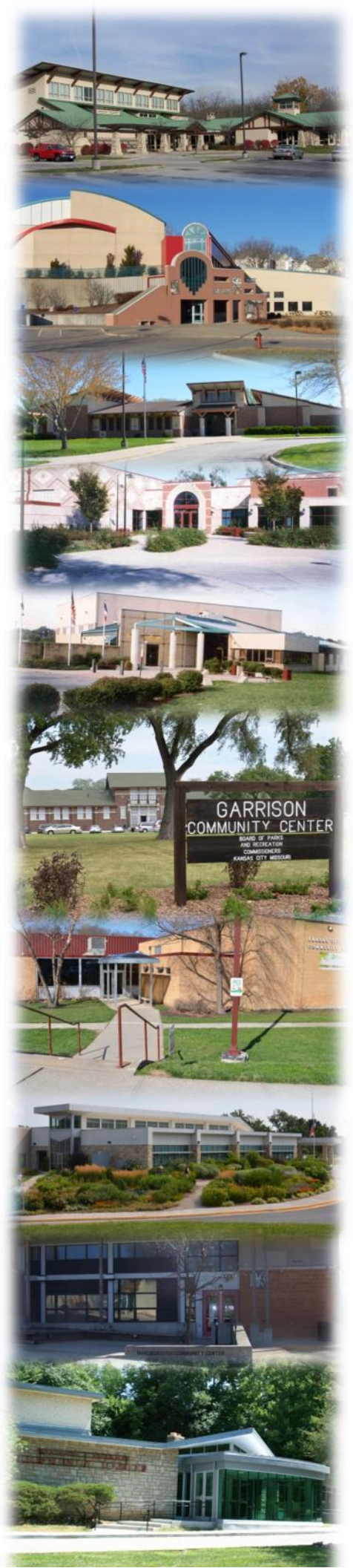
Group (2 or more): \$20 for initial membership, \$10 off for each additional membership, must be members of the same household.

LOCATION GUIDE

BRW	Bruce R. Watkins Cultural Heritage Center
CHS	Central High School
CLOTW	Camp Lake of the Woods
GCC	Garrison Community Center
GKCC	Gregg/ Klice Community Center
HCCC	Hillcrest Community Center
KCNCC	Kansas City North Community Center
LCCC	Line Creek Community Center
LNC	Lakeside Nature Center
MCC	Marlborough Community Center
MWNCC	Mary Williams-Neal Community Center
PV	Pleasant Valley Park Athletic Complex
SCLHM	Shoal Creek Living History Museum
SECC	Southeast Community Center
TACC	Tony Aguirre Community Center
WRCC	Westport Roanoke Community Center



The KCMO Parks & Recreation Department facilities and programs are available to people of all abilities. If accommodations or individualized supports are needed to participate, please contact Taryn Andersen at (816) 513-7624.



**GARRISON
COMMUNITY CENTER**

1124 E. Fifth St., KCMO 64106

P. 816-513-7720

HOURS OF OPERATION

Monday - Thursday: 11 a.m. – 9 p.m.
Friday: 9 a.m.-6 p.m.
Saturday: 9 a.m.-6 p.m.
Sunday: CLOSED

**GREGG/KLICE
COMMUNITY CENTER**

1600 John “Buck” O’Neil Way, KCMO 64108

P. 816-513-0652

HOURS OF OPERATION

Monday – Thursday: 6 a.m. - 9 p.m.
Friday: 6 a.m. - 6 p.m.
Saturday – Sunday: 9 a.m. - 6 p.m.

**HILLCREST
COMMUNITY CENTER**

10401 Hillcrest Road, KCMO 64134

P. 816-513-8560

HOURS OF OPERATION

Monday - Thursday: 7 a.m. - 9 p.m.
Friday: 7 a.m. - 6 p.m.
Saturday/ Sunday: 9 a.m. - 6 p.m.

**KANSAS CITY NORTH
COMMUNITY CENTER**

3830 N.E. Antioch Road, KCMO 64117

P. 816-513-7740

HOURS OF OPERATION

Monday – Thursday: 7 a.m. - 9 p.m.
Friday: 7 a.m. - 6 p.m.
Saturday – Sunday: 9 a.m. - 6 p.m.

**LINE CREEK COMMUNITY CENTER
ICE ARENA**

5940 N.W. Waukomis Drive, KCMO 64151

P. 816-513-0760

HOURS OF OPERATION

Monday: 7 a.m. - 9 p.m.
Tuesday - Friday: 6 a.m. - 9 p.m.
Saturday/ Sunday: 9 a.m. - 6 p.m.

**MARY WILLIAMS-NEAL
COMMUNITY CENTER**

3801 Emanuel Cleaver II Blvd., KCMO 64110

P. 816-513-0730

HOURS OF OPERATION

Monday - Thursday: 10 a.m. - 9 p.m.
Friday - Sunday: 9 a.m. - 6 p.m.

**MARLBOROUGH
COMMUNITY CENTER**

8200 The Paseo Blvd., KCMO 64131

P. 816-513-7800

HOURS OF OPERATION

Monday – Thursday: 11 a.m. - 9 p.m.
Friday - Saturday: 9 a.m. - 6 p.m.
Sunday: CLOSED

**SOUTHEAST
COMMUNITY CENTER**

4201 E. 63rd St., KCMO 64130

P. 816-513-0632

HOURS OF OPERATION

Monday - Thursday: 6 a.m. - 9 p.m.
Friday: 6 a.m. - 6 p.m.
Saturday/ Sunday: 9 a.m. - 6 p.m.

**TONY AGUIRRE
COMMUNITY CENTER**

2050 W. Pennway, KCMO 64108

P. 816-513-8530

HOURS OF OPERATION

Monday – Thursday: 7 a.m. - 9 p.m.
Friday: 7 a.m. - 6 p.m.
Saturday and Sunday: 9 a.m. - 6 p.m.

**WESTPORT
COMMUNITY CENTER**

3601 Roanoke Road, KCMO 64111

P. 816-513-7660

HOURS OF OPERATION

Monday - Thursday: 10 a.m. - 9 p.m.
Friday: 10 a.m. - 6 p.m.
Saturday/ Sunday: 9 a.m. - 6 p.m.

ALL ACCESS MEMBERSHIP



at KC Parks
Community
Centers



MARY WILLIAMS-NEAL
KANSAS CITY NORTH
MARLBOROUGH
TONY AGUIRRE
GREGG/ KLICE
SOUTHEAST
LINE CREEK
WESTPORT
HILLCREST
GARRISON

ADULT ALL ACCESS

Annual Membership
\$300

All Access Monthly
Membership
\$30

ACTIVE AGING

ALL ACCESS
Annual Membership
\$200

Monthly Membership
\$20

YOUTH ALL ACCESS

Annual Membership
\$100

Youth 14 and under, must be accompanied by a paying adult. Does NOT include Public Skate.

**Line Creek Youth
Annual Skating Pass
\$175**

All Access Memberships MUST be purchased at one of the Community Centers.

The pass may be used for the following at all KC Parks Community Centers:
Fitness Centers | Open Swim | Open Gym | Public Ice Skating | Select Classes

This pass cannot be used for room or skate rentals, classes (unless specified), or activity fees.

kcparks.org



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HALLOWEEN HAPPENINGS

TRUNK — OR — TREAT

Gather treats and meet several of our animals ambassadors during this unique drive-thru event. Guest are invited to drive through the parking lot, receive a bag with educational information, stop at the various "trunks" for treats and meet our animal ambassadors.

AGE	FEE		
All	Free		
DAY	DATES	TIME	LOCATION
Su	10/13	4 - 6 p.m.	LNC

Hillcrest Fall Celebration

Parents are encouraged to bring their children to Hillcrest for a Fall themed kid friendly "Paint and Sip"!

ACTIVITY CODE: 243502102			
AGE	FEE		
6 - 17	Free		
DAY	DATES	TIME	LOCATION
F	10/25	6 - 7:30 p.m.	HCCC

Trunk or Treat

Come trunk hop with us at our trunk or treat. See the different trunk designs and enjoy some candy while doing it.

ACTIVITY CODE: 243510108		
AGE	FEE	LOCATION
All	Free	WRCC
DAY	DATE	TIME
Sa	10/26	Noon - 2 p.m.

Fall Festival

Giving families in the community a chance to come out and have fun helping to celebrate fall with many fun activities. We will provide a great time for youth to have a little fall fun with ghosts and goblins. Bring your children and take pictures with friends/family and enjoy a day of fun scary crafts, and festivities

ACTIVITY CODE: 243501202		
AGE	FEE	LOCATION
6 - 13	Free	MWNCC
DAY	DATE	TIME
Sa	10/26	1 - 3 p.m.



Costume Party

Put on scariest or not so scary costume and come participate in Westport's very own costume party! There will be activities and snacks. At the end there will be a costume competition and the winner will get a prize.

ACTIVITY CODE: 243510103		
AGE	FEE	LOCATION
6 - 15	Free	WRCC
DAY	DATE	TIME
Sa	10/26	2 - 4 p.m.



Halloween Punch and Paint

Children will come dressed in their Halloween costumes and paint some Halloween portraits while listening to Halloween music and enjoying a cup of cold juice

ACTIVITY CODE: 243501105		
AGE	FEE	LOCATION
6 - 10	\$10	WRCC
DAY	DATE	TIME
Sa	10/26	10 a.m. - Noon

Family Pumpkin Painting

This special event offers a delightful opportunity for families to unleash their artistic talents and personalize pumpkins with vibrant colors, designs, and patterns. In this interactive and hands on special event, participants will be provided with pumpkins, paint, brushes, and a variety of decorating materials to create their masterpieces.

ACTIVITY CODE: 243508156		
AGE	FEE	LOCATION
All	\$10/ painter	KCNCC
DAY	DATE	TIME
Sa	10/26	10 a.m. - Noon

Westside Trunk-or-Treat and Fall Festival

Bring the whole family to celebrate the season in spooktacular style! Join TACC and Westside CAN Center for an evening of festive activities and community connection. There's something for every little ghoul, friendly witch, or courageous superhero! This is a drop-in event, no registration is required.

AGE	FEE	LOCATION
All	Free	TACC
DAY	DATE	TIME
T	10/29	5 - 7 p.m.

Westport Ghou House

Bring your family out to our haunted house! Children are encouraged to wear their Halloween costumes for this hair-raising event. Visitors will be sent home with chills down their spine and a goodie bag.

ACTIVITY CODE: 243510104		
AGE	FEE	LOCATION
All	\$5	WRCC
DAY	DATE	TIME
T	10/29	6 - 8 p.m.



Spooky Skate

Join us for our Halloween themed skate party SPOOKY SKATE! This annual skating party will be FREE if you wear a Halloween costume. Don't miss out on the free candy and other spooky activities!

ACTIVITY CODE: 243504107		
AGES	FEE	LOCATION
All	Free admission w/ costume \$8 admission \$3 skate rental	LCCC
DAY	DATE	TIME
T	10/29	7 - 8:30 p.m.

CALENDAR OF EVENTS



Pickleball Appreciation Day

Pickleball Appreciation Day is a fun filled and engaging celebration of the popular racquet sport pickleball. This event aims to bring together pickleball enthusiasts of all ages and skill levels to foster a sense of community, promote healthy living, and showcase the joy of playing pickleball

ACTIVITY CODE: 243508155		
AGE	FEE	LOCATION
18+	\$5/ drop-in \$3/ Active Ager	KCNCC
DAY	DATE	TIME
F	9/20	8 - 11:30 a.m.



Valley Ninja Warrior Special Event

Kids can dress up as their favorite super hero/villain and run the obstacle course. Prizes for fastest time per age group and best costume will be awarded. All kids will receive a goodie basket with prizes and a certificate of completing the course.

ACTIVITY CODE: 243508147		
AGE	FEE	LOCATION
3 - 10	\$3	KCNCC
DAY	DATE	TIME
W	10/2	6 - 7 p.m.

Adult Mario Kart Tournament

Ready, Set, Go! Test your Mario Kart driving skills for a night of fun, prizes and snacks!

ACTIVITY CODE: 243508144		
AGE	FEE	LOCATION
18+	\$7	KCNCC
DAY	DATE	TIME
W	10/16	6 - 8 p.m.



What's Out at Night

Learn about all of the cool animals that come out at night and how we can help keep them safe. Guest can participate in the scheduled hike and come inside the Center to learn all about many of Missouri's nocturnal wildlife while also doing arts and crafts.

AGE	FEE		
All	Free		
DAY	DATES	TIME	LOCATION
Sa	10/19	10 a.m. - 2 p.m.	LNC

Bid Whist Tournament

Adults will engage in a card tournament, playing to show the skill and knowledge they have acquired playing Bid Whist

ACTIVITY CODE: 243501203		
AGE	FEE	LOCATION
18+	\$10 Drop-in	MWNCC
DAY	DATE	TIME
Sa	10/21	Noon - 5 p.m.

Senior Fall Sip and Paint

This event will help the seniors bring in Fall! They will be provided light snacks while painting a fall themed picture, led by staff.

ACTIVITY CODE: 243502101		
GRADE	FEE	LOCATION
60+	\$10	HCCC
DAY	DATE	TIME
Th	10/31	Noon - 1:30 p.m.



Try Hockey for Free

Get on the ice and become a hockey player for the day and experience the great game of ice hockey. Geared towards ages 3-14. Equipment provided. This is a great opportunity to learn to skate and play hockey with guidance from USA Hockey certified Coaches.

ACTIVITY CODE: 243504109		
AGES	FEE	LOCATION
3 - 14	Free	LCCC
DAY	DATE	TIME
Sa	11/2	10 a.m. - Noon

Mary Williams-Neal Dominoes Tournament

Calling all Domino player experts to put their skills to the test and be crowned the 1st annual Mary-Williams Neal Dominoes Champion.

ACTIVITY CODE: 243501201		
AGES	FEE	LOCATION
All	\$10	MWNCC
DAY	DATE	TIME
Sa	11/9	Noon - 5 p.m.



Wilderness Run

The Wilderness Run is an enjoyable, but also challenging event. As a participant you will follow a well-marked 2- or 5-mile course leading you through Shoal Creek Historical Village, across fields, along wooded paths, up and down hills, over logs, and more!

AGE	DATE	LOCATION
6 and up	11/9	SCLHM
DAY	TIME	
Sa	7 a.m./ Check-in 9 a.m./ Race	
FEE		
Before 10/8	\$30/ 5-mile \$25/ 2-mile	
Starting 10/23	\$35/ 5-mile \$30/ 2-mile	
Starting 11/7	\$40/ 5-mile \$35/ 2-mile	
Race Day	\$50/ 5-mile \$45/ 2-mile	

Thanksgiving Senior Potluck

Join us at KC North for a delightful Senior Citizen Potluck Special Event! This gathering is specifically designed to bring together senior community members in a warm and inviting atmosphere to share a delicious meal, engage in meaningful conversations, and celebrate the spirit of togetherness during the month of November.

ACTIVITY CODE: 243508146		
AGE	FEE	LOCATION
All	Free	KCNCC
DAY	DATE	TIME
Th	11/16	11 a.m. - 1 p.m.

Earth Keepers

Learn how to be an earth keeper and support wildlife and habitats. From 'leaving the leaves' to creating darker skies for wildlife. Guests can participate in the scheduled hike and come inside the center to learn about a number of initiatives that they can participate in to support wildlife, in addition to doing arts and crafts.

AGE		FEE	
All		Free	
DAY	DATES	TIME	LOCATION
Sa	11/16	10 a.m. - 1 p.m.	LNC

Cocoa & Crafts: Friendsgiving

Unwind, connect with friends and unleash your creativity with a warm cup of cocoa. This is a hands-on crafting workshop that caters to all skill levels. Our instructors will provide step-by-step guidance, ensuring you leave with a beautifully crafted keepsake. Registration is required. Session fee includes all materials needed to complete your craft.

ACTIVITY CODE: 243506103			
AGES	FEE	LOCATION	
18+	\$25	TACC	
DAY	DATE	TIME	
W	11/20	6 - 8 p.m.	

Turkey Bowling

Turkey Bowling! You read that right! Come out on November 23rd, five days before Thanksgiving, from 2:30-4:30pm and win yourself a Turkey and other prizes! We have this unique event every year and just like in years past if you bring canned goods, it's free admission and \$3 skate rental.

ACTIVITY CODE: 243504110			
AGES	FEE	LOCATION	
All	Free admission w/ can good \$8 admission \$3 skate rental	LCCC	
DAY	DATE	TIME	
Sa	11/23	2:30 - 4:30 p.m.	



Senior Holiday Luncheon

Celebrate the holidays with us at our luncheon. Enjoy delicious food, music, and activities.

ACTIVITY CODE: 243507115		
AGE	FEE	LOCATION
55+	\$15	GCC
DAY	DATE	TIME
F	12/7	11 a.m. - 1 p.m.

Skate with Santa

Come join us as we celebrate the holiday season! There will be a Holiday Party, Photo Booth, Ice Skating and more. Participants will get to skate with Santa during public session. Canned food donations welcomed for Harvesters!

ACTIVITY CODE: 243504106		
AGES	FEE	LOCATION
All	Free	LCCC
DAY	DATE	TIME
Sa	12/7	2 - 4 p.m.

Around Since the Dinosaurs

Learn interesting facts about who shared the world with dinosaurs and meet some animal ambassadors that were around when the dinosaurs were. Guests can learn about some of the wildlife that were around during the time of the dinosaurs are still here today. Arts and crafts will be available.

AGE		FEE	
All		Free	
DAY	DATES	TIME	LOCATION
Sa	12/14	10 a.m. - 1 p.m.	LNC



ACTIVE AGERS

Chair Aerobics

Designed to increase muscle strength, range of movement and improve activities for daily living. A chair is used for seating exercises, standing support, and can be modified depending on fitness level.

ACTIVITY CODE:		243505101	
AGE		FEE	
50+		\$3/ day FREE/ w membership	
DAY	DATES	TIME	LOCATION
T/Th	9/3 - 10/17	1 - 2 p.m.	MWNCC
T/Th	10/22 - 12/12	1 - 2 p.m.	MWNCC
T/W	9/3 - 9/25	10 - 10:45 a.m.	GKCC
T/W	10/1 - 10/30	10 - 10:45 a.m.	GKCC
T/W	11/5 - 11/27	10 - 10:45 a.m.	GKCC
T/W	12/3 - 12/18	10 - 10:45 a.m.	GKCC

Chair Yoga

Seated yoga will allow individuals to build strength, flexibility and endurance while keeping their heart happy and healthy with light exercises from the comfort of a chair.

ACTIVITY CODE:		243503507	
AGE		FEE	
60+		\$3/ day FREE/ w membership	
DAY	DATES	TIME	LOCATION
T	9/5 - 10/22	9:30 - 10:30 a.m.	MCC
T	10/23 - 12/17	9:30 - 10:30 a.m.	MCC

Silver Sneakers Classic

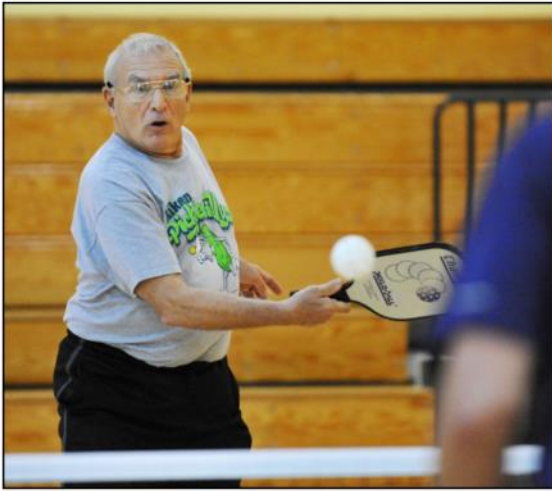
Designed to increase muscle strength, range of movement, and improve activities for daily living. A chair is used for seating exercises and standing support and can be modified depending on fitness level.

ACTIVITY CODE:		243502138	
AGE		FEE	
55+		\$3/ day FREE/ w membership	
DAY	DATES	TIME	LOCATION
T/Th	9/3 - 10/17	9:30 - 10:30 a.m.	GCC
T/Th	10/22 - 12/19	9:30 - 10:30 a.m.	GCC
M - Th	9/3 - 12/20	10 - 11 a.m.	HCCC
M/W	9/5 - 10/22	9:30 - 10:30 a.m.	MCC
M/W	10/23 - 12/17	9:30 - 10:30 a.m.	MCC

Active Agers Club

Active Agers will enhance their brain, develop social skills through table games, and other activities in a positive setting. Free with Silver Sneakers membership.

ACTIVITY CODE:		243505103	
AGE		FEE	
50+		\$3/ day FREE/ w membership	
DAY	DATES	TIME	LOCATION
Th	9/5 - 10/22	Noon	MCC
Th	10/23 - 12/17	Noon	MCC



Recreational Pickleball

This program will be played two days a week at Hillcrest in a fun and relaxed environment where seniors can learn and enjoy the game.

ACTIVITY CODE:		242502136	
AGE		FEE	
60+		\$3/ day FREE/ w membership	
DAY	DATES	TIME	LOCATION
M	9/9 - 12/16	1:30 - 3:30 p.m.	HCCC
W	9/4 - 12/18	1:30 - 3:30 p.m.	HCCC



Mary Williams-Neal Card Group

A time of gathering for lively conversation, playing cards and games, enjoying entertaining and educational programs, and sharing lunch

ACTIVITY CODE:		243501111	
AGE		FEE	
60+		\$3/ day FREE/ w membership	
DAY	DATES	TIME	LOCATION
W/Th/F	9/4 - 10/18	Noon - 5 p.m.	MWNCC
W/Th/F	10/23 - 12/13	Noon - 5 p.m.	MWNCC



Garrison Cooking Club

Join us in the kitchen! We will learn fun recipes that you can take home and share with the family!

ACTIVITY CODE:		243507193	
FEE			
\$6/day (Under age 59)		\$5/ day (60+)	
DAY	DATES	TIME	LOCATION
Th	9/5, 9/19	11 a.m. - 1 p.m.	GCC
Th	10/3, 10/17	11 a.m. - 1 p.m.	GCC
Th	11/7, 11/21	11 a.m. - 1 p.m.	GCC
Th	12/19	11 a.m. - 1 p.m.	GCC

Senior Walking Club

This program provides an exercise regimen for seniors to be active and stay fit. This programs also helps track their steps to help them reach their exercise goals.

ACTIVITY CODE:		243502129	
AGE		FEE	
60+		\$3/ Drop-in	
DAY	DATES	TIME	LOCATION
T/ Th	9/3 - 12/12	7 - 10 a.m.	HCCC
Su	9/8 - 10/27	9:15 - 10 a.m.	GKCC
Su	11/3 - 12/15	9:15 - 10 a.m.	GKCC

YOUTH PROGRAMS



Come celebrate at our place!
 KC North, Westport, Line Creek and Hillcrest
 are available for your next party.

Please contact one of these locations
 for more details!

After School Tutoring

Program dedicated to helping the youth excel in a variety of academic subjects

ACTIVITY CODE:		243508153	
GRADE		FEE	
K - 12		\$15/ Session \$3 drop-in	
DAY	DATES	TIME	LOCATION
T	9/3 - 10/15	6 - 7 p.m.	KCNCC
T	10/22 - 12/17	6 - 7 p.m.	KCNCC

Basketball Skills Training

This program is designed to teach basic basketball skills to youth athletes who are just getting started in basketball. This program will teach fundamentals such as shooting, dribbling, passing and defense of skills.

ACTIVITY CODE:		243501150	
AGE		FEE	
6 - 16		\$40/ Season \$10 Drop-in	
DAY	DATES	TIME	LOCATION
Sa	9/7 - 10/12	10 a.m. - Noon	HCCC
W	9/4 - 10/16	6 - 7 p.m.	MWNCC
W	10/23 - 12/11	6 - 7 p.m.	MWNCC
T	9/3 - 10/15	6 - 7 p.m.	WRCC
T	10/22 - 12/3	6 - 7 p.m.	WRCC

Conflict Resolution Workshop

This workshop will focus on developing skills and learning tools to deal with the everyday conflicts we face, within ourselves and with others. Participants will engage in discussions within a Circle process, learn the 5 Conflict styles, learn what their personal style is, and that their dialogue and Conflict Style could be the difference between a conflict and a resolution.

ACTIVITY CODE:		243502112	
GRADE		LOCATION	
K - 5		Compass LINCC	
DAY	DATES	TIME	FEE
W	9/3 - 10/20	4:45 - 5:45 p.m.	\$40/ Session



Flag Football

Join us for an exciting youth flag football league. have a chance to compete in a fun and safe environment while learning fundamentals and skills.

ACTIVITY CODE:			
AGE		FEE	
5 - 8		\$40/ player \$175 Team	
DAY	DATES	TIME	LOCATION
Sa	Sept. - Oct.	10 a.m. - Noon	Central

Garrison Community Garden

The community gardening program is a hands-on group and individual learning experience that helps youth develop a love of gardening and an appreciation for nature. Through teamwork we plant fruits and vegetables and learn about nutrition and many other skills.

ACTIVITY CODE:		243507106	
AGE		FEE	
5+		\$5	
DAY	DATES	TIME	LOCATION
M	9/9 - 10/14	5:30 - 6:30 p.m.	GCC



Homeschool P.E.

Homeschool P.E. offers a way for your child to learn valuable physical and social skills that will last a lifetime. Whether your child is an athlete on a select sports team, or an artist that has never kicked a ball, Homeschool P.E. has something to offer. 4 week sessions

ACTIVITY CODE: 243508148			
AGE		FEE	
6 - 13		\$15/ Session \$5 Drop-in	
DAY	DATES	TIME	LOCATION
W	9/4 - 9/25	Noon - 12:50 p.m.	KCNCC
W	10/9 - 10/30	Noon - 12:50 p.m.	KCNCC
W	11/6 - 11/27	Noon - 12:50 p.m.	KCNCC

Homeschool Skate

Students will have the opportunity to be physically fit and earn P.E. credit all while having fun doing it. 8 week sessions. Sign up at the center only.

ACTIVITY CODE: 243504104			
AGE		FEE	
3 - 18		\$4/ first 2, then \$2/ family	
DAY	DATES	TIME	LOCATION
F	9/6 - 10/18	9 - 10:30 a.m.	LCCC
F	10/25 - 12/20	9 - 10:30 a.m.	LCCC

Kids Craft Club

Garrison's Kids Craft Club will promote creativity and self-expression through fun filled crafts each week!

ACTIVITY CODE: 243507112			
AGE		FEE	
7 - 13		\$50/ Session	
DAY	DATES	TIME	LOCATION
W	9/4 - 10/16	4:30 - 5:30 p.m.	GCC
W	10/23 - 12/18	4:30 - 5:30 p.m.	GCC

Late Night Camp

After hours camp where children enjoy sports, games, arts and crafts, and educational activities.

ACTIVITY CODE: 243508152			
AGE		FEE	
5 - 13		\$20/ Drop-in	
DAY	DATES	TIME	LOCATION
F	9/20	5:30 - 8:30 p.m.	KCNCC
F	10/18	5:30 - 8:30 p.m.	KCNCC
F	11/15	5:30 - 8:30 p.m.	KCNCC
F	12/20	5:30 - 8:30 p.m.	KCNCC



Let's Play Basketball

Play! is an introductory basketball program intended to teach kids the basics of basketball. The goal of the program is for kids to walk away with the 3 F's – fundamentals, friendship, and fun!

ACTIVITY CODE:			
AGE		FEE	
3 - 6		\$40/ Player	
DA	DATES	TIME	LOCATION
Sa	9/20 - 10/24	11:30 a.m. - 12:30 p.m.	HCCC

Let's Play Gymnastics

Gymnastics is a type of sport that includes physical exercise requiring balance, strength, flexibility, agility, coordination, artistry, and endurance. The movements involved in gymnastic contribute to the development of the arms, legs, shoulders, back, chest, and abdominal muscle groups.

ACTIVITY CODE:			
AGE		FEE	
3 - 6		\$60/ Player	
DAY	DATES	TIME	LOCATION
Th	9/19 - 10/24	6 - 6:45 .m.	WRCC
Th	11/7 - 12/12	6 - 6:45 .m.	WRCC

Freedom Fire

Kids will participate in various activities mainly around physical activity. These will range from exercises to games.

ACTIVITY CODE:		243507120	
AGE		FEE	
7 - 13		FREE	
DAY	DATES	TIME	LOCATION
F	9/3 - 10/20	6 - 8 p.m.	GCC
F	10/21 - 12/20	6 - 8 p.m.	GCC

Parents Night Out

Parents Night Out is a free night for parents that may need to have some free time or some much needed time to relax or run errands for a couple of hours

ACTIVITY CODE:		243501119	
AGE		FEE	
6 - 13		\$20/ Drop-in	
DAY	DATES	TIME	LOCATION
Th	8/5 - 10/17	5:30 - 8 p.m.	MWNCC



Robotics

Come join the Westport robotics club! You can learn to build your very own robot!

ACTIVITY CODE:		243510118	
AGE		FEE	
10 - 16		\$40	
DAY	DATES	TIME	LOCATION
T	9/3 - 10/15	5 - 6 p.m.	WRCC
T	10/22 - 12/3	5 - 6 p.m.	WRCC



Step Movement

Learn synchronized movements and percussive beats as your body turns into an instrument to produce complex rhythms and sounds through a mixture of footsteps, spoken word, and hand clap.

ACTIVITY CODE:		243501117	
AGE		FEE	
7 - 17		\$15/ Month \$5/ drop-in	
DAY	DATES	TIME	LOCATION
F	9/6 - 10/18	4:30 - 5:45 p.m.	MWNCC
F	10/25 - 12/20	4:30 - 5:45 p.m.	MWNCC

Success Story: Setting the Foundation for Life

Teens can join on Saturdays to expand their knowledge of youth careers and work field education. Teens can also learn about other applications they will fill out in life.

ACTIVITY CODE:		243501204	
AGE		FEE	
14 - 17		\$15/ Month \$5/ drop-in	
DAY	DATES	TIME	LOCATION
Sa	9/7 - 10/19	4:30 - 5:45 p.m.	MWNCC
Sa	10/26 - 12/21	4:30 - 5:45 p.m.	MWNCC



Youth Archery

Come out to KC North for Archery. Improvement based class with goal to be a better shooter by end of the session, so records and progress will be taken inducing prizes.

ACTIVITY CODE: 243508150			
AGE		FEE	
10 - 17		\$10/ drop-in \$40/ Session	
DAY	DATES	TIME	LOCATION
Su	9/8 - 10/13	11 - 11:50 a.m.	KCNCC
Su	10/20 - 11/24	11 - 11:50 a.m.	KCNCC



Youth Chess Club

Stimulating the mind, deepening awareness, and developing problem solving skills. Chess has a multitude of benefits for all ages and is extremely beneficial to youth by further developing general cognitive ability and scholastic achievement.

ACTIVITY CODE:			
AGE		FEE	
6 - 12		\$3/ drop-in Free/ membership	
DAY	DATES	TIME	LOCATION
M	9/5 - 10/22	6 - 6:45	MCC
M	10/23 - 12/17	6 - 6:45	MCC



Speed and Agility

This program will teach basketball fundamentals and basic skills. It will help with footwork, foot speed and explosion.

ACTIVITY CODE: 243510106			
AGE		FEE	
10 - 14		\$10/ drop-in \$40/ Session	
DAY	DATES	TIME	LOCATION
Th	9/5 - 10/17	6 - 7 p.m.	WRCC
Su	10/24 - 12/5	6 - 7 p.m.	WRCC

Youth Speed and Agility

Athletes will improve their speed, agility, and quickness in all working directions with fun active drills that teach body control and reaction speed.

ACTIVITY CODE: 243507134			
AGE		FEE	
8 - 17		\$40/ Session \$5 drop-in	
DAY	DATES	TIME	LOCATION
T/ Th	9/10 - 10/17	6:15 - 7:45 p.m.	GCC
T/ Th	10/22 - 12/19	6:15 - 7:45 p.m.	GCC

Urban Campout

Embark on this unique outdoor adventure right in the heart of the city! Pack your sleeping bag, bring your sense of adventure, and let's transform Observation Park into a cozy campground. Make s'mores over the campfire, learn new outdoor skills, and create lasting memories as a family. Registration is required to attend. This is an event for the whole family: youth 17 and under must be accompanied by an adult for the entire event.

ACTIVITY CODE: 243506106			
AGE		FEE	
All		\$25/ family of 4, \$5 each extra	
DAY	DATES	TIME	LOCATION
Sa - Su	9/21 - 9/22	5 p.m. - 9 a.m.	Observation Park

RecKC

Join Us! RecKC is open to all youth who want to explore their interests, develop new skills, and build lasting friendships all while having fun. Come be a part of where KC plays. Transportation NOT provided by KC Parks

ACTIVITY CODE: 243506551		
DAY	TIME	FEE
M - F	4 - 6 p.m.	\$80/ month
DATES	GRADE	LOCATION
8/19 - 8/30	K - 6	KCNCC, TACC, WRCC
	4 - 12	MCC
9/2 - 9/30	K - 6	KCNCC, TACC, WRCC
	4 - 12	MCC
10/1 - 10/30	K - 6	KCNCC, TACC, WRCC
	4 - 12	MCC
11/1 - 11/29	K - 6	KCNCC, TACC, WRCC
	4 - 12	MCC
12/2 - 12/20	K - 6	KCNCC, TACC, WRCC
	4 - 12	MCC

Babysitter's Training with Pediatric First Aid/ CPR

This course provides youth with the knowledge and skills necessary to safely and responsibly give care to infants and children. Participants will develop leadership skills, build their babysitting business, and learn age-appropriate milestones and behaviors. Participants will also practice how to keep themselves and others safe, child care basics, what to do in emergency situations, and first aid and CPR techniques. With successful completion of this course and skills tests, participants will earn an American Red Cross Babysitting Certification AND a 2 year Pediatric (Child and Infant) First Aid/ CPR Certification. Advanced registration is required. This course will take the full day, so bring lunch and a water bottle.

ACTIVITY CODE: 243506101			
AGE		FEE	
11 - 15		\$80	
DAY	DATES	TIME	LOCATION
Sa	10/5	9:30 a.m. - 4:30 p.m.	TACC
Su	11/3	9:30 a.m. - 4:30 p.m.	TACC



Schools Day Out Camp

Worried about what to do with your kids on school holidays? Bring them by our center for a mini day camp! Children enjoy sports, games, arts and crafts, and educational activities. This camp is held on weekdays when school is out of session. Time: 7:30 a.m. - 5:30 p.m.

ACTIVITY CODE:	
AGE	FEE
6 - 13	\$20/ day
LOCATION	DATES
HCCC	9/3, 9/23, 10/7, 10/24, 10/25, 10/28, 11/5
TACC	9/20, 10/4, 10/18, 10/25, 10/28, 11/15, 12/13

Fall Break Camp

Fall Break will be a camp for your children to have a good time in a safe environment. Youth will enjoy socializing, arts & crafts, games, athletic/ fitness activities. Children will provide their own lunch, but snacks will be provided.

ACTIVITY CODE:			
AGE		FEE	
6 - 13		\$20/ day	
DAY	DATES	TIME	LOCATION
M - W	11/25 - 11/27	7:30am - 5:30pm	TACC

Winter Break Camp

It's the most wonderful time of the year! But it can also be the busiest. Make sure your kids have a warm, safe, enriching, and FUN place to spend their winter break. We'll enjoy arts and crafts, athletics, and stem activities. Join one of our camps that are designed for kids with activities chosen by kids! Please bring lunch, and wear closed-toed shoes! A snack will be provided: please provide a snack if your child has any allergies. If your child(ren) needs accommodation, please tell us at least 10 business days before camp starts. No camp on Dec. 24, 25 and Jan. 1

ACTIVITY CODE:			
AGE		FEE	
6 - 13		\$20/ day \$80/ week	
DAY	DATES	TIME	LOCATION
M - F	12/23 - 1/6/25	7:30am - 5:30pm	TACC

Esports



ESPORTS

Thursday Throwdown Esports Tournament Series

Join us every third Thursday of the month for an esports gaming tournament. Different games will be played using Nintendo switch gaming consoles. Prizes and giveaways to winners and participants. Every third Thursday of the month

ACTIVITY CODE: 243508142		
AGE	FEE	DAY
8 - 13	\$10/ drop-in	Th
DATES	TIME	LOCATION
9/19, 10/17, 11/21	6:30 - 8 p.m.	KCNCC

Esports Bootcamp

Move your body with video games! Kids will learn and play a sports video game then head to the gym to play that game!

ACTIVITY CODE: 243508143	
AGE	FEE
7 - 15	\$5/ drop-in
DAY	DATES
M	9/9 - 10/28
TIME	LOCATION
5 - 6:30 p.m.	KCNCC

Fortnite Fridays

Come to KCNCC on Friday's for Fortnite Fridays! Participants will compete for points to earn a Victory Crown and other Fortnite themed prizes.

ACTIVITY CODE: 243508145		
AGE	FEE	DAY
8 - 15	\$5/ drop-in	F
DATES	TIME	LOCATION
9/6, 10/4, 10/11, 11/1, 11/8, 12/6, 12/13	4 - 6 p.m.	KCNCC



Athletics

Pickleball

Come play one of the fastest growing and most popular sports. Get a great workout while having fun learning the game and making friends. Both beginner and advanced play offered.

ACTIVITY CODE: 243508107			
AGE		FEE	
18+		Drop-in \$5/adult, \$3/active ager	
Recreational/ Beginners			
DAY	DATES	TIME	LOCATION
M/T/W/F	9/1 - 10/30	8 - 10 a.m.	KCNCC
M/T/W/F	11/1 - 12/15	8 - 10 a.m.	KCNCC
M/W	9/3 - 12/20	1:30 - 3:30 p.m.	HCCC
M/W/F	9/4 - 10/18	8:30 - 11 a.m.	TACC
M/W/F	10/21 - 12/20	8:30 - 11 a.m.	TACC
M/F	10/21 - 12/20	10 a.m. - Noon	GCC
W	9/4 - 10/16	6 - 8 p.m.	GCC
W	10/23 - 12/18	6 - 8 p.m.	GCC

Advanced Players			
ACTIVITY CODE: 243508105			
DAY	DATES	TIME	LOCATION
Th/Su	9/1 - 10/31	Th: Noon - 2:30 p.m. Su: Noon - 4 p.m.	KCNCC
Th/Su	11/1 - 12/15	Th: Noon - 2:30 p.m. Su: Noon - 4 p.m.	KCNCC

Fall Basketball League

League Basketball offers a golden opportunity to hone technical skills, understand game strategies, and nurture a tactical mindset. It's not just about shooting hoops; it's also about analyzing opponents' tactics and improving weak points in a relaxed environment.

ACTIVITY CODE:			
AGE		FEE	
9 - 11 12 - 14		\$40/ Player \$175/ Team	
DAY	DATES	TIME	LOCATION
W/ Th	9/18 - 10/23	6 - 9 p.m.	GKCC
W/ Th	9/18 - 10/23	6 - 9 p.m.	HCCC
W/ Th	9/18 - 10/23	6 - 9 p.m.	MWNCC
W/ Th	9/18 - 10/23	6 - 9 p.m.	SECC
W/ Th	9/18 - 10/23	6 - 9 p.m.	TACC

Soccer League

The Soccer league is a recreational league and will be used with modified rules. Coaches may bring in a team by having players register individually and enter coaches name. If you do not have a team, we will accept individual registration and make every effort to place you on a team. Player T-shirts will be provided.

ACTIVITY CODE:			
AGE		FEE	
6 - 12		\$40/ Player	
DAY	DATES	TIME	LOCATION
T, W, Sa	9/3 - 10/20	6 - 8 p.m.	9th & Van Brunt
T, W, Sa	10/21 - 12/20	6 - 8 p.m.	9th & Van Brunt

Flag Football

Join us for an exciting youth flag football league. have a chance to compete in a fun and safe environment while learning fundamentals and skills.

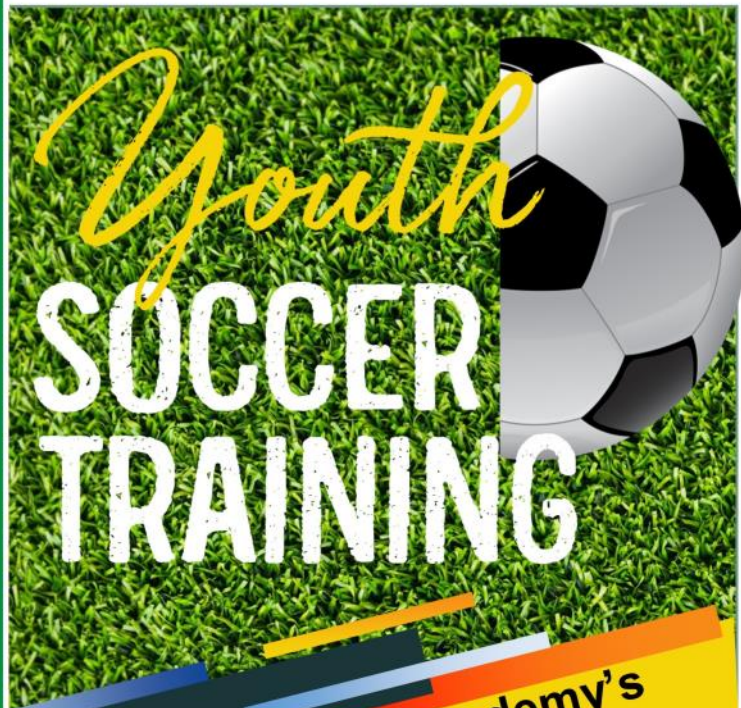
ACTIVITY CODE:			
AGE		FEE	
5 - 8		\$40/ player \$175 Team	
DAY	DATES	TIME	LOCATION
Sa	Sept. - Oct.	10 a.m. - Noon	Central



Let's Play Basketball

Play! is an introductory basketball program intended to teach kids the basics of basketball. The goal of the program is for kids to walk away with the 3 F's – fundamentals, Let's friendship, and fun!

ACTIVITY CODE:			
AGE		FEE	
3 - 6		\$40/ Player	
DAY	DATES	TIME	LOCATION
Sa	9/20 - 10/24	9 - 10a.m.	HCCC



**Ryogoku Soccer Academy's
Training Facilities**
Swope Park (7331 Oakwood Dr., KCMO)

Training designed to help develop individuals looking to improve their performance at any level. Our coaching staff teaches Globally Innovative and Elite Positional Game Methods. With daily classroom instruction and on the field training, we strive to ensure each individual achieves a high level of understanding that translates to any environment. Additional training opportunities available.

Applications available upon request by emailing Brad@RyogokuSoccerAcademy.org.

Practice
Monday, Wednesday, and Thursday.
5:30 - 7 p.m.

Basketball Skills Training

This program is designed to teach basic basketball skills to youth athletes who are just getting started in basketball. This program will teach fundamentals such as shooting, dribbling, passing and defense of skills.

ACTIVITY CODE: 243502124			
AGE		FEE	
6 - 16		\$40/ Season \$10 Drop-in	
DAY	DATES	TIME	LOCATION
Sa	9/4 - 10/16	10 a.m. - Noon	HCCC
W	9/4 - 10/16	6 - 7 p.m.	MWNCC
W	10/23 - 12/11	6 - 7 p.m.	MWNCC
T	9/3 - 10/15	6 - 7 p.m.	WRCC
T	10/22 - 12/3	6 - 7 p.m.	WRCC

Let's Play Gymnastics

Gymnastics is a type of sport that includes physical exercise requiring balance, strength, flexibility, agility, coordination, artistry, and endurance. The movements involved in gymnastic contribute to the development of the arms, legs, shoulders, back, chest, and abdominal muscle groups.

ACTIVITY CODE:			
AGE		FEE	
3 - 6		\$60/ Player	
DAY	DATES	TIME	LOCATION
Th	9/19 - 10/24	6 - 6:45 .m.	WRCC
Th	11/7 - 12/12	6 - 6:45 .m.	WRCC

Youth Archery

Come out to KC North for Archery. Improvement based class with goal to be a better shooter by end of the session, so records and progress will be taken inducing prizes.

ACTIVITY CODE: 243508150			
AGE		FEE	
10 - 17		\$10/ drop-in \$40/ Session	
DAY	DATES	TIME	LOCATION
Su	9/8 - 10/13	11 - 11:50 a.m.	KCNCC
Su	10/20 - 11/24	11 - 11:50 a.m.	KCNCC



Join us for Fall and Winter

FOR BOYS AND GIRLS
AGES 4-14

Fee \$85

*Plus \$20 National AYSO
Fee/Insurance *

Fee includes training and a full
jersey kit (shirt, shorts, socks) and
training provided by our trained
coaches starting mid-August
through the end of October.

Register today @
www.kcayso.org

Contact us today at:
registrar6h1161@gmail.com

JOIN IN THE FUN TODAY!

Everyone Plays® | Balanced Teams
Open Registration | Positive Coaching
Good Sportsmanship | Player Development

REGISTER FOR AYSO SOCCER!



**FEES INCLUDE
SOCCER JERSEY KIT**



KANSAS CITY
Parks & Recreation
PARTNER



AQUATICS

Adult and Teen Swim Lessons (Beginners)

Students will learn basic swim lesson skills and focuses on skills for beginners. Students are introduced to the pool and develop safe water habits in a fun and encouraging environment. The lesson includes rotary breathing, front, jellyfish and tuck and back floats, glides, recovery from a front and back float or glide to vertical position, roll overs, changing direction when swimming, and other new swim expertise.

ACTIVITY CODE:		243503101	
AGE		FEE	
13+		\$40/ session	
DAY	DATES	TIME	LOCATION
Th	9/5 - 10/24	7 - 7:45 p.m.	GKCC
Th	10/31 - 12/19	7 - 7:45 p.m.	GKCC

Let's Play Swim Lessons

Let's Play swim lessons are the first stage of swim lessons and focuses on skills for beginners. Students are introduced to the pool and develop safe water habits in a fun and encouraging environment.

- Students will learn to enter the pool independently using ramp, steps or side and travel at least 5 yards.
- Submerging mouth and blowing bubbles for at least 3 seconds.
- Exiting the water safely.
- Gliding on front for at least 2 body lengths with support.
- Rolling to back and floating for 3 second with support.
- Recovering to a vertical position with support.

ACTIVITY CODE:		243503505	
AGE		FEE	
3 - 5		\$40/ session	
DAY	DATES	TIME	LOCATION
T/ Th	9/3 - 9/26	6 - 6:45 p.m.	GKCC
T/ Th	10/1 - 10/24	6 - 6:45 p.m.	GKCC
T/ Th	10/29 - 11/21	6 - 6:45 p.m.	GKCC
T/ Th	11/26 - 12/19	6 - 6:45 p.m.	GKCC



Parent + Me Swim

Adult/Teens swim lesson, students will learn basic with the help of the parents, tots are introduced to the pool and taught safe water habits in a fun and encouraging environment.

ACTIVITY CODE:		243503503	
AGE		FEE	
6 months - 3 years		\$40/ session	
DAY	DATES	TIME	LOCATION
Sa	9/7 - 10/26	10 - 10:45 a.m.	GKCC
Sa	11/2 - 12/21	10 - 10:45 a.m.	GKCC



Water Aerobics

Water Aerobics is an exercise program designed to build and increase muscle strength, cardio endurance, flexibility, and toning. A 45 minute session includes a warmup, intervals of muscle sets and cardio, stretching and a cool down. FREE with monthly membership.

ACTIVITY CODE:		243503187	
AGE		FEE	
18+		Drop-in \$5/adult, \$3/active ager	
DAY	DATES	TIME	LOCATION
M/ F	Ongoing	10 - 10:45 a.m.	GKCC
T/ Th	Ongoing	9 - 9:45 a.m.	GKCC
M/ W	Ongoing	6 - 6:45 p.m.	GKCC



Martial Arts



HEMA Swords Class

Heartland HEMA (Historical European Martial Arts) specializes in instructing students of all levels and physical ability in the use of a variety of renaissance and medieval weaponry.

ACTIVITY CODE: 243508117			
AGE	FEE		
13+	\$10/ drop-in, \$40/ month		
DAY	DATES	TIME	LOCATION
M/W	9/2 - 9/30	6 - 8 p.m.	KCNCC
M/W	10/1 - 10/30	6 - 8 p.m.	KCNCC
M/W	11/1 - 11/30	6 - 8 p.m.	KCNCC

Youth Judo

Students will experience progressive skills in Judo. Classes include warmup, skills practice, and fun. We'll work on a combination of wrestling, throwing, and submissions techniques. Beginner and advanced classes offered.

ACTIVITY CODE: 243508109	
AGE	FEE
6 - 17	\$7/ drop-in, \$40/ month

BEGINNER			
DAY	DATES	TIME	LOCATION
T/Th	9/2 - 9/30	6 - 7:30 p.m.	KCNCC
T/Th	10/1 - 10/30	6 - 7:30 p.m.	KCNCC
T/Th	11/1 - 11/30	6 - 7:30 p.m.	KCNCC

ADVANCED			
DAY	DATES	TIME	LOCATION
T/Th	9/2 - 9/30	7 - 8:30 p.m.	KCNCC
T/Th	10/1 - 10/30	7 - 8:30 p.m.	KCNCC
T/Th	11/1 - 11/30	7 - 8:30 p.m.	KCNCC

Adult Judo

Students will experience progressive skills in Judo. Classes include warmup, skills practice, and fun. We'll work on a combination of wrestling, throwing, and submissions techniques.

ACTIVITY CODE: 243508101			
AGE	FEE		
18+	\$7/ drop-in, \$40/ month		
DAY	DATES	TIME	LOCATION
M/Th	9/2 - 9/30	6 - 8:30 p.m.	KCNCC
M/Th	10/1 - 10/31	6 - 8:30 p.m.	KCNCC
M/Th	11/1 - 11/30	6 - 8:30 p.m.	KCNCC

Boxing

Youth Boxing

Develop basic skills of boxing while learning discipline and instilling a sense of respect for self and others. GKCC 7 weeks

ACTIVITY CODE: 243503195				
AGE	FEE			
5 - 17	\$40/GKCC FREE/ GCC			
DAY	DATES	TIME	AGE	LOCATION
T/Th	10/1 - 10/24	5:30 p.m.	5 - 9	GKCC
T/Th	11/5 - 11/28	5:30 p.m.	5 - 9	GKCC
T/Th	12/3 - 12/19	5:30 p.m.	5 - 9	GKCC
T/Th	10/1 - 10/24	6:30 p.m.	10 - 17	GKCC
T/Th	11/5 - 11/28	6:30 p.m.	10 - 17	GKCC
T/Th	12/3 - 12/19	6:30 p.m.	10 - 17	GKCC
T/Th	9/3 - 10/17	5 p.m.	8 - 17	GCC
T/Th	10/22 - 12/19	5 p.m.	8 - 17	GCC

Ice Sports

Public Skating

Guests of all ages are welcome to enjoy skating at Line Creek Community Center during our daily Public Ice Skating Sessions! We have ice hockey and figure skates available to rent and we also offer skating trainers for new skaters that may need a little extra assistance on the rink.

Go to kcparks.org for available daily times.

ACTIVITY CODE: 2435504105			
AGE		FEE	
All ages		\$8/admission, \$3/skate rental	
DAY	DATES	TIME	LOCATION
M	Ongoing	Noon - 1:30 p.m.	LCCC
T	Ongoing	7 - 8:30 p.m.	LCCC
Th	Ongoing	3:45 - 5:45 p.m.	LCCC
Sa	Ongoing	2 - 4 p.m.	LCCC

Freestyle

This is Ice time dedicated to figure skaters to practice routines and skill development. Please check our freestyle calendar online for available daily times. 30 minute sessions. \$7/session, \$3.25/coaching, \$125/session pass

ACTIVITY CODE: 243504103			
AGE		FEE	
All Ages			
DAY	DATES	TIME	LOCATION
M - F	Ongoing	Refer to the website	LCCC

Skating Lessons

This is an on-ice skating program conducted in 30-minute classes. Participants will enjoy learning in a group setting, where they can work on their agility, balance, and skating skills through various on-ice staking instructions.

Go to learntoskatekc.com for more information.

ACTIVITY CODE: 243504113			
AGE		FEE	
5+		\$118/ Session	
DAY	DATES	TIME	LOCATION
T	9/3 - 10/15	6 p.m. & 6:30 p.m.	LCCC
T	10/22 - 12/17	6 p.m. & 6:30 p.m.	LCCC
Th	9/5 - 10/17	6 p.m. & 6:30 p.m.	LCCC
Th	10/24 - 12/19	6 p.m. & 6:30 p.m.	LCCC

Adult Skills and Drills

Created for the beginner skater to learn some new skills or just get a great workout through drills and a scrimmage. Sign up at the center only.

ACTIVITY CODE: 243504101			
AGE		FEE	
18+		\$18 drop-in	
DAY	DATES	TIME	LOCATION
T	Ongoing	8:45 - 10 p.m.	LCCC

Stick and Puck

Come practice and hone your hockey skills in an open practice time. Adults and youth are welcome.

ACTIVITY CODE: 243504108			
AGE		FEE	
All Ages		\$14 drop-in	
DAY	DATES	TIME	LOCATION
M - Th	Ongoing	10 - 11 a.m.	LCCC

Adult Hockey League

Come join one of 4 levels (A, B, C, or D) of adult ice hockey in our Northland Hockey League. The Northland Hockey League offers players within a wide range of skill levels the opportunity to participate in organized, competitive play.

Go to northlandhockeyleaguekc.com for more information

ACTIVITY CODE: 242504136			
AGE		FEE	
18+		Refer to the website	
DAY	DATE	TIME	LOCATION
Su/M/Th/F	9/3	Refer to the website	LCCC



Advanced Adult Stick Time

Geared towards the more advanced hockey players to provide them with an opportunity to maintain and improve their skills on a weekly basis.

ACTIVITY CODE:		243504102	
AGE		FEE	
18+		Refer to the website	
DAY	DATES	TIME	LOCATION
F	9/3 - 10/20	11 a.m. - Noon	LCCC
F	10/21 - 12/20	11 a.m. - Noon	LCCC

Homeschool Skate

Students will have the opportunity to be physically fit and earn P.E. credit all while having fun doing it. 8 week sessions. Sign up at the center only.

ACTIVITY CODE:		243504104	
AGE		FEE	
3 - 18		\$4/ first 2, then \$2/ family	
DAY	DATES	TIME	LOCATION
F	9/6 - 10/18	9 - 10:30 a.m.	LCCC
F	10/25 - 12/20	9 - 10:30 a.m.	LCCC

Fitness

Fitness Boot Camp

Fitness Boot Camp helps you get in shape and stay that way. From entry level to novice, participants will work all muscle groups, practice different methods of cardio workouts, and learn healthy eating habits. FREE with Membership.

ACTIVITY CODE:		243503178	
AGE		FEE	
18+		Drop-in \$5/adult, \$3/active ager	
DAY	DATES	TIME	LOCATION
M/W/F	Ongoing	6 - 6:45 a.m.	GKCC
T/Th	Ongoing	5:30 - 6:30 p.m.	GKCC
T/Th	9/3 - 12/20	Noon - 1 p.m.	SECC
T/Th	9/3 - 12/20	6 - 7 p.m.	SECC
W/F	9/3 - 12/20	1 - 2 p.m.	SECC
W/F	9/3 - 12/20	4 - 5 p.m.	SECC

Intro into Weightlifting

Come join us to learn how to properly and efficiently lift weights to gain lean muscle

ACTIVITY CODE:		242503200	
AGE		FEE	
13+		\$5/ day FREE/ w membership	
DAY	DATES	TIME	LOCATION
Su	9/8 - 10/27	Noon - 12:45 p.m.	GKCC
Su	11/3 - 12/15	Noon - 12:45 p.m.	GKCC
T/ Th	9/3 - 10/20	5:30 - 6:30 p.m.	MWNCC
T/ Th	10/29 - 12/19	5:30 - 6:30 p.m.	MWNCC



Fitness Room Orientation

Learn how to properly use our fitness equipment. Build confidence and help to reduce short- and long-term injury by participating in training led by our staff.

ACTIVITY CODE:		243503107	
AGE		FEE	
16+		\$5/ day FREE/ w membership	
DAY	DATES	TIME	LOCATION
W/Th	9/4 - 9/26	W: 1 - 2 p.m. Th: 5 - 6 p.m.	GKCC
W/Th	10/2 - 10/31	W: 1 - 2 p.m. Th: 5 - 6 p.m.	GKCC
W/Th	11/6 - 11/27	W: 1 - 2 p.m. Th: 5 - 6 p.m.	GKCC
W/Th	12/4 - 12/19	W: 1 - 2 p.m. Th: 5 - 6 p.m.	GKCC



Group Training

Exercises to build muscle or burn fat depending on the member's needs.

ACTIVITY CODE:			
AGE	FEE	DATES	LOCATION
18+	\$60/ Session	9/3 - 12/20	SECC
DAY	TIME		
T/ Th	1 - 2 p.m. 2 - 3 p.m. 4 - 5 p.m. 5 - 6 p.m.		
W/ F	11 a.m. - Noon Noon - 1 p.m. 3 - 4 p.m.		

Fitness Boxing HIIT

We will work on boxing and exercise fundamentals while incorporating full body exercises to increase the efficiency of each exercise. Class will consist of warmup, several creative rounds and a cool down period. This will be a HIIT training type class, but we can modify it for any age and ability.

ACTIVITY CODE: 243507130			
AGE	FEE		
18+	\$60/Session \$12/drop-in FREE/w membership		
DAY	DATES	TIME	LOCATION
T/Sa	9/10 - 10/15	T: 4 - 5 p.m. Sa: 11 a.m. - Noon	GCC
T/Sa	10/22 - 12/17	T: 4 - 5 p.m. Sa: 11 a.m. - Noon	GCC

Fitness Boxing Kickboxing HIIT

We will work on boxing and exercise fundamentals while incorporating full body exercises to increase the efficiency of each exercise. Class will consist of warmup, several creative rounds and a cool down period. This will be a HIIT training type class, but we can modify it for any age and ability.

ACTIVITY CODE: 243507132			
AGE	FEE		
18+	\$60/Session \$12/drop-in FREE/w membership		
DAY	DATES	TIME	LOCATION
M/W/S	9/9 - 10/19	M/W: 6:15 - 7:15 p.m. Sa: 10 - 11 a.m.	GCC
M/W/S	10/21 - 12/21	M/W: 6:15 - 7:15 p.m. Sa: 10 - 11 a.m.	GCC

Walking Club

The walking club allows you to stay active, socialize, and have fun rather you are a seasoned walker or just starting your fitness journey. Our club provides a supportive environment for all fitness levels and ages.

ACTIVITY CODE: 243501115			
AGE		FEE	
All Ages		\$3 Drop-in	
DAY	DATES	TIME	LOCATION
F	9/13 - 10/18	10:30 - 11:30 a.m.	MWNCC



Water Aerobics

Water Aerobics is an exercise program designed to build and increase muscle strength, cardio endurance, flexibility, and toning. A 45 minute session includes a warmup, intervals of muscle sets and cardio, stretching and a cool down. FREE with monthly membership.

ACTIVITY CODE: 243503187			
AGE		FEE	
16+		Drop-in \$5/adult, \$3/active ager	
DAY	DATES	TIME	LOCATION
M/ F	Ongoing	10 - 10:45 a.m.	GKCC
T/ Th	Ongoing	9 - 9:45 a.m.	GKCC
M/ W	Ongoing	6 - 6:45 p.m.	GKCC

Cards, Games, Books, Dance, and More

Mary Williams-Neal Card Group

A time of gathering for lively conversation, playing cards and games, enjoying entertaining and educational programs, and sharing lunch

ACTIVITY CODE: 243501111			
AGE		FEE	
60+		\$3/ day FREE/ w membership	
DAY	DATES	TIME	LOCATION
W/Th/F	9/4 - 10/18	Noon - 5 p.m.	MWNCC
W/Th/F	10/23 - 12/13	Noon - 5 p.m.	MWNCC



Monthly Bingo Bash

Come join us for monthly Bingo! Once a month we will be holding a 2 hour Bingo session where the winners will get fun prizes!

ACTIVITY CODE: 243510101			
AGE		FEE	
18+		\$5/ Adults \$3 Seniors	
DAY	DATES	TIME	LOCATION
W	9/18	6 - 7 p.m.	WRCC
W	10/16	6 - 7 p.m.	WRCC
W	11/20	6 - 7 p.m.	WRCC
W	12/18	6 - 7 p.m.	WRCC

Garrison Book Club

Join the Garrison Community Center Book Club every 3rd Thursday of each month. We will explore new and exciting stories to discuss! All reading materials will be provided by Kansas City Public Library.

ACTIVITY CODE: 243507103			
AGE		FEE	
18+		Free	
DAY	DATES	TIME	LOCATION
Th	9/19	6 - 7:30 p.m.	GCC
Th	10/17	6 - 7:30 p.m.	GCC
Th	11/21	6 - 7:30 p.m.	GCC
Th	12/19	6 - 7:30 p.m.	GCC

2 Stepping

Fun night of movement doing the KC two-step. Focusing on beginner and intermediate dancing while working on dance technique, rhythm and body awareness in a caring, nurturing environment.

ACTIVITY CODE: 243505105			
AGE		FEE	
21+		\$3/ day FREE/ w membership	
DAY	DATES	TIME	LOCATION
W	9/5 - 10/22	6 - 8 p.m.	MCC
W	10/23 - 12/17	3:15 - 5:30 p.m.	MCC

Coat and Shoe Donation Week

Clean out your closets and giveaway slightly worn coats and shoes.

ACTIVITY CODE:			
AGE		FEE	
All Ages		Free	
DAY	DATES	TIME	LOCATION
M - Su	11/4 - 11/10	6 a.m. - 9 p.m.	SECC

Golf

KC Parks' five municipal golf courses offer diverse playing venues and opportunities to learn and play the game of golf, as well as provide green spaces throughout the city.

The most historic of the five facilities is **Swope Memorial** built in 1915 and redesigned by renowned architect A.W. Tillinghast in 1934. This demanding layout has hosted several championships, including the PGA Kansas City Open in the 1940s and more recently the 2005 USGA Women's Public Links. In 2001 **Shoal Creek Golf Course** became the new flagship of Kansas City's five courses. These two championship courses offer the most skilled players exceptional challenges and depict the true beauty and diversity of the Kansas City landscape.

Hodge Park Golf Course in the Northland and **Minor Park Golf Course** in South Kansas City both offer fun, affordable golf for players of any skill level. Each course is designed to pose a challenge and cater to anyone who plays the game. The holes are shorter to allow a relaxing, recreational experience. These family-friendly courses offer a great opportunity to walk and enjoy the health benefits of fresh air and exercise.

Heart of America Golf Course / Tom Watson Golf Academy offers the ultimate learning and playing opportunities in the heart of Swope Park. This facility is pure fun and recreation for anyone of any age and any skill. HOA offers three options: a beautiful regulation-length 9-hole course; a fun par-three 9-hole course; and a Tom Watson-designed junior course. HOA is home of the Tom Watson Golf Academy and also offers the best junior golf programs in Kansas City. The First Tee of Greater Kansas City, an organization that promotes the game of golf to youth in urban areas, has its offices at HOA as well. No matter where you live in Kansas City, these regulation courses provide great values that are convenient and give even the newest golfers a place to learn and play.



Heart Of America Golf Course



Hodge Park Golf Course



Minor Park Golf Course



Shoal Creek Golf Course



Swope Memorial Golf Course



KC PARKS PUBLIC GOLF COURSES

Heart of America Golf Course

7501 Blue River Rd.

Pro Shop & Tee Times: 816-513-8940

hoagolfacademy.com

Features: Clubhouse, Pro Shop, Snack Bar, Memberships, Lessons, Tournament Packages, Leagues, Meeting Rooms, Practice Facilities

Courses: **The River Course:**
9 holes, 2,604 yards, Par 35
The Rock Course:
9 holes, 1,641 yards, Par 27
The Hill:
3-hole junior course, 1,102 yards

Hodge Park Golf Course

7000 N.E. Barry Rd.

Pro Shop & Tee Times: 816-781-4152

hodgeparkgolf.com

Features: Clubhouse, Pro Shop, Snack Bar, Memberships, Lessons, Tournament Packages, Leagues, Junior Golf, Camp, Practice Facilities

Course: 6,223 yards, Par 71

Minor Park Golf Course

11215 Holmes Rd.

Pro Shop & Tee Times: 816-942-4033

minorparkgolfcourse.com

Features: Clubhouse, Pro Shop, Snack Bar, Memberships, Lessons, Tournament Packages, Leagues, Practice Facilities

Course: 5,796 yards, Par 70

Shoal Creek Golf Course

8905 Shoal Creek Pkwy

Pro Shop & Tee Times: 816-407-7242

Weddings / Events: 816-407-7242 (Ext. 24)

shoalcreekgolf.com

Features: Clubhouse, Pro Shop, Snack Bar, Memberships, Lessons, Tournament Packages, Leagues, Meeting Rooms, Banquet Facilities, Practice Facilities

Course: 6,983 yards, Par 71

Swope Memorial Golf Course

6900 Swope Memorial Dr.

Pro Shop & Tee Times: 816-513-8910

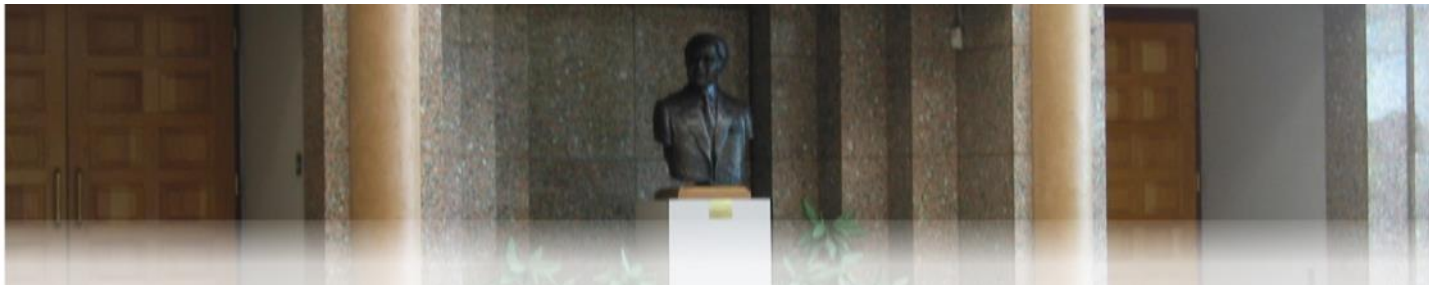
swope memorialgolfcourse.com

Features: Clubhouse, Pro Shop, Snack Bar, Memberships, Lessons, Tournament Packages, Leagues, Meeting Rooms, Banquet Facilities, Practice Green

Course: 6,274 yards, Par 72

FOOTGOLF

FootGolf is a combination of the popular sports of soccer and golf. The game is played with a regulation No. 5 soccer ball at a golf course on shortened holes with 21-inch diameter cups. The rules largely correspond to golf rules. The first FootGolf course in the KC metro area is located at the current par 3 (The Rock) golf course at the Heart of America Course in Swope Park. Come out, and give it a try!



BRUCE R. WATKINS CULTURAL HERITAGE CENTER

3700 Dr. Martin Luther King, Jr. Blvd., Kansas City, MO 64130 816-513-0700

GENERAL INFORMATION

The Center is named in honor of Bruce R. Watkins, a political and social activist. Watkins was fueled by the need to recognize and preserve the varied contributions African-Americans made to the development of Kansas City. The center opened in December 1989 as the outgrowth of Watkins' efforts. Construction of the Center was made possible through the work and contributions of the Bruce R. Watkins Fountain Inc., the Kansas City Parks and Recreation Department, and the State of Missouri.

HOURS OF OPERATION

Tuesday - Saturday: 10 a.m. - 6 p.m.



LAKESIDE NATURE CENTER

4701 E. Gregory Blvd., Kansas City, MO 64132 816-513-8960

GENERAL INFORMATION

Lakeside Nature Center, located in Swope Park, is one of Missouri's largest wildlife rehabilitation facilities and provides educational and recreational opportunities that focus on the environment. The center typically houses about 75 animals including two bald eagles, two turkey vultures, three barred owls, three varieties of hawks and two Kestrel falcons. The Center even has a box turtle named "Wilma" that is thought to be about 80 years old.

HOURS OF OPERATION

Tuesday - Sunday: 9 a.m. - 4 p.m.
Closed Mondays and some Holidays

Mother Nature Reads:

First Saturday of the month, 10 a.m.

Boy Scout Programs:

LNC can be your next Adventure to earn a Badge.

Girl Scout Programs:

LNC can be a part of earning Skill-Building Badges and Journey Awards.

ANIMAL ASSISTANCE

If you have a native Missouri animal in need, please call the Center 816-513-8960 and leave a message. You will be contacted shortly and given instructions on what to do.

Habitat Hikes:

Enjoy a guided hike with a naturalist

