

SUMMER 2025

# ACTIVITY GUIDE

KANSAS CITY PARKS & RECREATION



WHERE KC  
*plays*



Scan for a copy of the  
Activity Guide



## OUR MISSION STATEMENT

### Our Mission

To improve the quality of life, health and wellness of our community by providing socially equitable, community-driven programming and environmentally sound natural resource management.

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## More About Us

Kansas City, Missouri Parks and Recreation provides facilities, programs and recreational opportunities for the community that contribute to an aesthetically pleasing environment and enhanced quality of life. The department maintains 221 parks, 12,242 acres of parkland, 158 miles of trails and bikeways, 29 lakes, hundreds of athletic fields and tennis courts, 106 playgrounds, and five public golf courses. Miles of scenic boulevards and parkways crisscross the city, where 48 fountains and 122 monuments and sculptures surprise and delight. Ten community centers, along with eight museums, provide the setting for socially equitable and community-driven programming.

## Board of Parks & Recreation

### Commissioners

Beth Haden, President

Pat Contreras

Tom Gorenc

Stephenie Smith

DePrice Taylor

### Parks & Recreation Director

Chris Cotten



## Rainout Line

Live Update for KC P&R Athletics



You can now check the status of games and programs

SIGN UP FOR  
Email & Text Alerts!

# WATER PARKS

**OPEN May 24 - Sept. 1**

## THE SPRINGS AQUATIC PARK

9400 N Congress Ave.  
Kansas City, MO.



Daily: Noon - 8 p.m.

### Daily Admission

Under 48" tall: \$8  
48" and taller: \$11  
Senior, 60+: \$9  
Child, age 1 and under: FREE

### Group Admission/Punch Cards

Cheaper by the Dozen \$10.50/person  
(12+patrons; no pre-registration required)

Pre-registered groups: \$7.75/person  
To Pre-registered a groups, call 816-350-2628

Eight-visit punch card: \$84



Kansas City, Missouri has two public water parks to meet your aquatic needs no matter where you live!

## THE BAY WATER PARK

7101 Longview Rd.  
Kansas City, MO.

Daily: Noon - 8 p.m.

### Daily Admission

Under 48" tall: \$6  
48" and taller: \$8  
Senior, 60+: \$7  
Child, age 1 and under: FREE



## GET YOUR KC PARKS AQUATIC SEASON PASS

AND FILL YOUR  
SUMMER WITH FUN!

*Prior to opening, passes can be purchased online at [kcparks.org](http://kcparks.org) or at any KC Parks community center. Photo IDs can be picked up at any KC Parks community center or at the water park after opening. After opening, passes can also be purchased during normal operating hours at The Springs and The Bay*

### SEASON PASSES

DAY	THE SPRINGS	THE BAY
48" and taller	\$119	\$109
Under 48"	\$99	\$89
Senior, age 65 and older	\$99	\$99
4-pack of adult passes	\$350	\$300

## Birthday Party Package

Is your child's birthday right around the corner? Make it a splash splashin' time they will never forget. The Springs has a great birthday package.

Pre-registration ONLY. All reservations must be made 7 days in advance. 25 people/party at water parks, comes with drink and cookie plus admission. No outside food or drink allowed, except for a cake or cupcakes. No coolers allowed. Available during hours of operation.

**Party Packages:** Call 816-350-2628

DAY	DATES	FEE	LOCATION
M - Su	6/9 - 8/7	\$325	BAY
M - Su	6/9 - 8/7	\$400	SPRINGS

## Splash and Play

Must be accompanied by a parent. Parent/Guardian to Child ratio is 1 parent to 3 children. Parents are free and must be in appropriate swim attire. Limited to the first 100 patrons, this includes both parents/guardians and children or any other attendants. Limited to the "Kiddie" area only. River and other areas and amenities will be closed.

AGE		FEE	
6 months - 10 years		\$5/ Drop-in	
DAY	DATES	TIME	LOCATION
M - Th	6/9 - 8/7	9 - 11:30 a.m.	SPRINGS

## Lap Swim

AGE		FEE	
All Ages		\$3/ Drop-in	
DAY	DATES	TIME	LOCATION
M - Th	6/9 - 8/7	9 a.m. - Noon	SPRINGS

## River Walk

AGE		FEE	
All Ages		\$3/ Drop-in	
DAY	DATES	TIME	LOCATION
M - Th	6/9 - 8/7	9 - 11:30 a.m.	SPRINGS



## Daycare/ Day Camp

Pri-registration ONLY. 150 max. participants. Bather Load will not exceed max. capacity for the facility. Each day, 150 patrons will be accounted in bather load from Daycare/Day Camp.

AGE		FEE	
		Pricing varies, see office	
DAY	DATES	TIME	LOCATION
M - F	6/9 - 8/7		BAY
M - F	6/9 - 8/7		SPRINGS

# MAJOR POOLS

**OPEN May 24 - Mid August**

## **BUDD PARK POOL**

Budd Park Esplanade and Denver Ave.  
Daily: Noon – 7 p.m.  
Phone: 816-241-0433

## **MARY WILLIAMS-NEAL COMMUNITY CENTER POOL**

3801 Emanuel Cleaver II Blvd.  
Daily: Noon – 7 p.m.  
Phone: 816-513-0730

## **GORMAN POOL**

1101 NE 47th St.  
Daily: Noon – 7 p.m.  
Phone: 816-513-7760

## **GROVE PARK POOL**

Truman Rd. and Benton Blvd.  
Daily: Noon – 7 p.m.  
Phone: 816-241-0667

## **LINE CREEK COMMUNITY CENTER POOL**

5940 NE Waukomis Dr.  
Daily: Noon – 7 p.m.  
Phone: 816-513-0760



### **Admission (cash only)**

Regular Admission: \$5 (2 years old and above)  
Five Punch Pass: \$15 (valid at any major pool)  
Individual Season Pass: \$25 (valid at any major pool)  
VIP Individual Season Pass: \$35 (bring a guest each time you visit)

### **Birthday Parties: \$170**

**June 9 - Aug. 7**

During hours of operations. 15 people/ party at pool, comes with drinks and cookies plus admission.

### **Pre-registration ONLY**

**Party Packages: 816-350-2628**

### **NOW HIRING LIFEGUARDS and MORE**

at Kansas City and Water Parks. Lifeguard start at \$15/ hour and Front Desk start at \$12.50/ hour

**We offer free certification classes**

For more information or to apply call 816-313-7860.

[www.midwestpool.com](http://www.midwestpool.com)

# INDOOR POOLS

Open Swim: Children, \$2 | Seniors, \$3 | Adults \$5  
Group open swim (10+), \$1 each

## **SOUTHEAST COMMUNITY CENTER POOL**

4201 E. 63rd St.  
Phone: 816-513-0632

Monday - Thursday:

8 - 10 a.m. | 11 a.m. - 1 p.m. | 4 - 6 p.m.

Friday: 10 a.m. - 1 p.m. | 4 - 5:30 p.m.

Saturday: 1 - 5 p.m.

Sunday: 10 a.m. - 5 p.m.

## **TONY AGUIRRE COMMUNITY CENTER POOL**

2050 W. Pennway St.  
Phone: 816-513-8530

Monday: 7 - 11 a.m. | 3 - 8 p.m.

Tuesday: Noon - 5 p.m.

Wednesday: 7a.m. - 11 a.m. | 3 - 8 p.m.

Thursday: Noon - 5 p.m.

Friday: 3 - 5:45 p.m.

Saturday: Noon - 5:45 p.m.

Sunday: Noon - 5:45 p.m.

*Pool hours are subject to change. Please call and VERIFY that the pool is open before coming to the center.*

*We try our best to maintain these hours, but emergency closings can happen.*

# SPRAYGROUNDS

**OPEN May 24 - September 1**  
**Daily 11 a.m. - 7 p.m.**

## **BLUE VALLEY PARK SPRAYGROUND**

23rd St. and Topping

## **DOUGLAS PARK SPRAYGROUND**

2632 Jarboe

## **GILLHAM PARK SPRAYGROUND**

41st and Gillham

## **HARMONY PARK SPRAYGROUND**

10th St. and Agnes Ave.

## **LONGVIEW TRACT SPRAYGROUND**

7101 Longview Rd.

## **LOOSE PARK SPRAYGROUND**

52nd Terr. and Summit St.

## **LYKINS SQUARE SPRAYGROUND**

E. 8th St. and Myrtle Ave.

## **PARADE PARK SPRAYGROUND**

1600 John Buck O'Neil Way

## **SPRING VALLEY PARK SPRAYGROUND**

E. 27th and Woodland Ave.

## **SUNNYSIDE PARK SPRAYGROUND**

8255 Summit

### **RENTALS AVAILABLE SEASONALLY:**

Memorial Day-Labor Day Weekends

Looking for a cool place to have your child's birthday party or family event? Shaded picnic tables are available for reservation at several spray grounds. Limited capacity, space fills quickly. The following spray grounds have picnic tables available from 11 a.m. – 7 p.m. each day for \$25 per picnic table (2-hour time block). Rentals are made on the odd hour. Book your table(s) at [kcparks.org](http://kcparks.org). Each table holds 8 – 10 people. The spray ground remains open during the rental.



## Parent + Me Swim

With the help of the parents, tots are introduced to the pool and taught safe water habits in a fun and encouraging environment.

<b>ACTIVITY CODE:</b>		<b>252503163</b>	
<b>AGE</b>		<b>FEE</b>	
6 months - 3 years		\$40/ session	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Sa	5/31 - 7/19	10 - 10:45 a.m.	TACC
Sa	7/26 - 9/13	10 - 10:45 a.m.	TACC
M/ W	5/26 - 6/18	10:30 - 11:15 a.m.	TACC
M/ W	6/30 - 7/21	10:30 - 11:15 a.m.	TACC
M/ W	8/4 - 8/20	10:30 - 11:15 a.m.	TACC
M - Th	6/9 - 6/20	9 - 9:30 a.m.	BAY
M - Th	6/9 - 6/20	9:35 - 10:05 a.m.	BAY
M - Th	6/23 - 7/3	9 - 9:30 a.m.	BAY
M - Th	6/23 - 7/3	9:35 - 10:05 a.m.	BAY
M - Th	6/9 - 6/20	9 - 9:30 a.m.	SPRINGS
M - Th	6/9 - 6/20	9:35 - 10:05 a.m.	SPRINGS
M - Th	6/23 - 7/3	9 - 9:30 a.m.	SPRINGS
M - Th	6/23 - 7/3	9:35 - 10:05 a.m.	SPRINGS
M - Th	6/9 - 6/20	9 - 9:30 a.m.	BUDD
M - Th	6/23 - 7/3	9:35 - 10:05 a.m.	BUDD



## Preschool Swim Lessons

Preschool swim lesson is the first stage of swim lessons and focuses on skills for beginners. Students are introduced to the pool and develop safe water habits in a fun and encouraging environment.

- Students will learn to enter the pool independently using ramp, steps or side and travel at least 5 yards.
- Submerging mouth and blowing bubbles for at least 3 seconds.
- Exiting the water safely.
- Gliding on front for at least 2 body lengths with support.
- Rolling to back and floating for 3 second with support.
- Recovering to a vertical position with support.

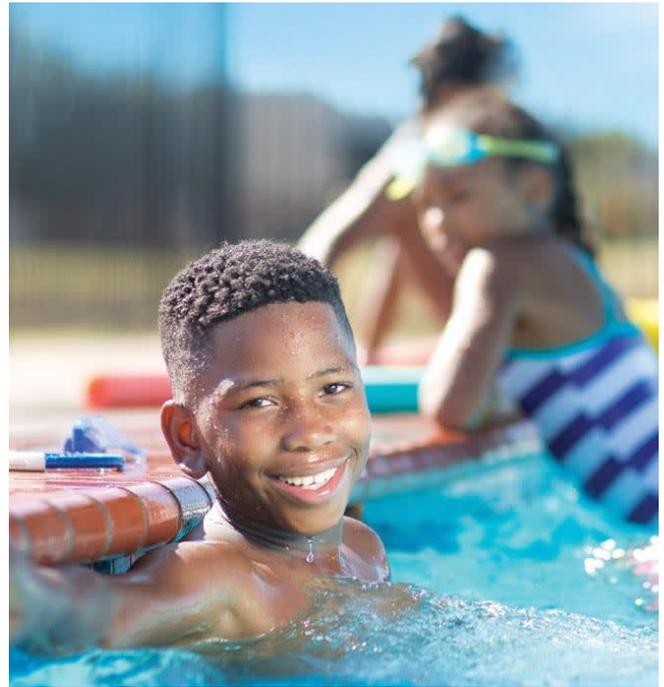
<b>ACTIVITY CODE:</b>		<b>252503160</b>	
<b>AGE</b>		<b>FEE</b>	
3 - 5		\$40/ session	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T/ Th	5/27 - 6/19	6 - 6:45 p.m.	TACC
T/ Th	6/24 - 7/17	6 - 6:45 p.m.	TACC
T/ Th	7/22 - 8/14	6 - 6:45 p.m.	TACC
M/ W	5/26 - 6/18	10:30 - 11:15 a.m.	TACC
M/ W	6/30 - 7/21	10:30 - 11:15 a.m.	TACC
Su	6/1 - 7/6	4 - 4:45 p.m.	TACC
Su	7/13 - 8/17	4 - 4:45 p.m.	TACC



## Learn to Swim Level 1

Level 1 provides a fun and safe environment to learn the basics of swimming. This entry level class will provide your child with the basics of learning to swim and losing that fear of the water.

ACTIVITY CODE:		252100101	
AGE		FEE	
5 - 12		\$40/ session	
DAY	DATES	TIME	LOCATION
M/ W	5/26 - 6/18	6 - 6:45 p.m.	TACC
M/ W	5/26 - 6/18	7 - 7:45 p.m.	TACC
T/ Th	5/27 - 6/24	1 - 1:45 p.m.	TACC
M/ W	6/30 - 7/21	6 - 6:45 p.m.	TACC
M/ W	6/30 - 7/21	7 - 7:45 p.m.	TACC
T/ Th	7/1 - 7/24	1 - 1:45 p.m.	TACC
M/ W	8/4 - 8/20	6 - 6:45 p.m.	TACC
M/ W	8/4 - 8/20	7 - 7:45 p.m.	TACC
T/ Th	8/5 - 8/21	1 - 1:45 p.m.	TACC
M - Th	6/9 - 6/20	9 - 9:30 a.m.	BAY
M - Th	6/9 - 6/20	9:35 - 10:05 a.m.	BAY
M - Th	6/23 - 7/3	9 - 9:30 a.m.	BAY
M - Th	6/23 - 7/3	9:35 - 10:05 a.m.	BAY
M - Th	6/9 - 6/20	9 - 9:30 a.m.	SPRINGS
M - Th	6/9 - 6/20	9:35 - 10:05 a.m.	SPRINGS
M - Th	6/23 - 7/3	9 - 9:30 a.m.	SPRINGS
M - Th	6/23 - 7/3	9:35 - 10:05 a.m.	SPRINGS
M - Th	6/9 - 6/20	9:35 - 10:05 a.m.	BUDD
M - Th	6/23 - 7/3	9:35 - 10:05 a.m.	BUDD
M - Th	6/9 - 6/20	9 - 9:30 a.m.	GORMAN
M - Th	6/23 - 7/3	9 - 9:30 a.m.	GORMAN



## Learn to Swim Level 2

Learn to Swim: Level 2 provides a fun and safe environment to learn the basics of swimming. This entry level class will provide your child with the basics of learning to swim and losing that fear of the water.

ACTIVITY CODE:		252100102	
AGE		FEE	
5 - 12		\$40/ session	
DAY	DATES	TIME	LOCATION
M/ W	5/26 - 6/18	7 - 7:45 p.m.	TACC
T/ Th	5/27 - 6/24	1 - 1:45 p.m.	TACC
M/ W	6/30 - 7/21	7 - 7:45 p.m.	TACC
T/ Th	7/1 - 7/24	1 - 1:45 p.m.	TACC
M/ W	8/4 - 8/20	7 - 7:45 p.m.	TACC
T/ Th	8/5 - 8/21	1 - 1:45 p.m.	TACC
M - Th	6/9 - 6/20	9 - 9:30 a.m.	BAY
M - Th	6/9 - 6/20	9:35 - 10:05 a.m.	BAY
M - Th	6/23 - 7/3	9 - 9:30 a.m.	BAY
M - Th	6/23 - 7/3	9:35 - 10:05 a.m.	BAY
M - Th	6/9 - 6/20	9 - 9:30 a.m.	SPRINGS
M - Th	6/9 - 6/20	9:35 - 10:05 a.m.	SPRINGS
M - Th	6/23 - 7/3	9 - 9:30 a.m.	SPRINGS
M - Th	6/23 - 7/3	9:35 - 10:05 a.m.	SPRINGS
M - Th	6/9 - 6/20	10:10 - 10:40 a.m.	BUDD
M - Th	6/23 - 7/3	10:10 - 10:40 a.m.	BUDD
M - Th	6/9 - 6/20	9 - 9:30 a.m.	GORMAN
M - Th	6/23 - 7/3	9 - 9:30 a.m.	GORMAN

### Learn to Swim Level 3

Level 3 - Stroke Development: Additional guided practice will help students improve their skills. Students must have proper swimwear and are encouraged to bring goggles. Advanced registration is required.

ACTIVITY CODE:		252100103	
AGE		FEE	
5 - 12		\$40/ session	
DAY	DATES	TIME	LOCATION
T/ Th	5/27 - 5/24	10 - 11:15 a.m.	TACC
T/ Th	7/1 - 7/24	10 - 11:15 a.m.	TACC
T/ Th	8/5 - 8/21	10 - 11:15 a.m.	TACC
M - Th	6/9 - 6/20	9 - 9:30 a.m.	BAY
M - Th	6/9 - 6/20	10:10 - 10:40 a.m.	BAY
M - Th	6/23 - 7/3	9 - 9:30 a.m.	BAY
M - Th	6/23 - 7/3	10:10 - 10:40 a.m.	BAY
M - Th	6/9 - 6/20	9:35 - 10:05 a.m.	SPRINGS
M - Th	6/9 - 6/20	10:10 - 10:40 a.m.	SPRINGS
M - Th	6/23 - 7/3	9:35 - 10:05 a.m.	SPRINGS
M - Th	6/23 - 7/3	10:10 - 10:40 a.m.	SPRINGS
M - Th	6/9 - 6/20	10:45 - 11:15 a.m.	BUDD
M - Th	6/23 - 7/3	10:45 - 11:15 a.m.	BUDD
M - Th	6/9 - 6/20	9 - 9:30 a.m.	GORMAN
M - Th	6/23 - 7/3	9 - 9:30 a.m.	GORMAN

### Learn to Swim Level 4

Level 4 - Stroke Improvement: Kids will gain confidence during swim lessons, improve their stroke and gain additional aquatic skills. Students must have proper swimwear and are encouraged to bring goggles. Advanced registration is required.

ACTIVITY CODE:		252100104	
AGE		FEE	
5 - 12		\$40/ session	
DAY	DATES	TIME	LOCATION
Su	6/1 - 7/6	3 - 3:45 p.m.	TACC
Su	6/30 - 7/21	3 - 3:45 p.m.	TACC
M - Th	6/9 - 6/20	9 - 9:30 a.m.	BAY
M - Th	6/9 - 6/20	10:10 - 10:40 a.m.	BAY
M - Th	6/23 - 7/3	9 - 9:30 a.m.	BAY
M - Th	6/23 - 7/3	10:10 - 10:40 a.m.	BAY
M - Th	6/9 - 6/20	9 - 9:30 a.m.	SPRINGS
M - Th	6/9 - 6/20	10:10 - 10:40 a.m.	SPRINGS
M - Th	6/23 - 7/3	9 - 9:30 a.m.	SPRINGS
M - Th	6/23 - 7/3	10:10 - 10:40 a.m.	SPRINGS
M - Th	6/9 - 6/20	9:35 - 10:05 a.m.	GORMAN
M - Th	6/23 - 7/3	9:35 - 10:05 a.m.	GORMAN

### Learn to Swim Level 5

Level 5 - Stroke Improvement. Advanced registration is required.

ACTIVITY CODE:		252100105	
AGE		FEE	
6+		\$40/ session	
DAY	DATES	TIME	LOCATION
M - Th	6/9 - 6/20	10:10 - 10:40 a.m.	BAY
M - Th	6/23 - 7/3	10:10 - 10:40 a.m.	BAY
M - Th	6/9 - 6/20	10:10 - 10:40 a.m.	SPRINGS
M - Th	6/23 - 7/3	10:10 - 10:40 a.m.	SPRINGS
M - Th	6/9 - 6/20	9:35 - 10:05 a.m.	GORMAN
M - Th	6/23 - 7/3	9:35 - 10:05 a.m.	GORMAN

### Learn to Swim Level 6

Level 6 - Stroke Improvement. Advanced registration is required.

ACTIVITY CODE:		252100106	
AGE		FEE	
6+		\$40/ session	
DAY	DATES	TIME	LOCATION
M - Th	6/9 - 6/20	10:10 - 10:40 a.m.	BAY
M - Th	6/23 - 7/3	10:10 - 10:40 a.m.	BAY
M - Th	6/9 - 6/20	10:10 - 10:40 a.m.	SPRINGS
M - Th	6/23 - 7/3	10:10 - 10:40 a.m.	SPRINGS
M - Th	6/9 - 6/20	10:10 - 10:40 a.m.	GORMAN
M - Th	6/23 - 7/3	10:10 - 10:40 a.m.	GORMAN

## Teen/ Adult Swim Lesson

Teens/Adult swim lesson, students will learn basic swim lesson skills and focuses on skills for beginners. Students are introduced to the pool and develop safe water habits in a fun and encouraging environment. The lesson includes rotary breathing, front, jellyfish and tuck and back floats, glides, recovery from a front and back float or glide to vertical position, roll overs, changing direction when swimming, and other new swim expertise.

<b>ACTIVITY CODE:</b>		<b>252503165</b>	
<b>AGE</b>		<b>FEE</b>	
13+		\$40/ session	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Th	5/29 - 7/17	7 - 7:45 p.m.	TACC
Th	7/24 - 9/11	7 - 7:45 p.m.	TACC
T/Th	5/27 - 6/24	5:30 - 6:15 p.m.	TACC
T/Th	7/1 - 7/24	5:30 - 6:15 p.m.	TACC
T/Th	8/5 - 8/21	5:30 - 6:15 p.m.	TACC
Sa	5/31 - 7/5	Noon - 1 p.m.	TACC
Sa	7/12 - 8/16	Noon - 1 p.m.	TACC
Su	6/1 - 7/6	2 - 3 p.m.	TACC
Su	7/13 - 8/17	2 - 3 p.m.	TACC

## Private Swim Lessons

Includes up to 6 lessons. Max 2 people per instructor. 30 minute lessons.

<b>Call 816-350-2628 to sign-up</b>			
<b>AGE</b>		<b>FEE</b>	
6+		\$50/ session	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M - Th	6/9 - 7/3	9 - 11:30 a.m.	LCCC
M - Th	6/9 - 7/3	9 - 11:30 a.m.	MWNCC

## Mayors Nights Swim

Come enjoy music, pool activities, and snacks.

<b>ACTIVITY CODE:</b>			
<b>AGE</b>		<b>FEE</b>	
12 - 17		\$10/ Drop-in	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
F	6/6 - 7/25	6 - 9 p.m.	MWNCC



## Adult Swim Fitness

Swimming is a great way to get in shape but many adults don't know what to do in the pool or lack sufficient technique to get the benefits. This program will provide a structured but flexible workout along with stroke technique instruction.

<b>ACTIVITY CODE:</b>		<b>252506112</b>	
<b>AGE</b>		<b>FEE</b>	
18+		\$40/ session   Drop-in \$5	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
W Sa	5/7 - 7/5	5:30 - 6:16 p.m. 11 a.m. - Noon	TACC
W Sa	7/10 - 8/16	5:30 - 6:16 p.m. 11 a.m. - Noon	TACC

## Water Aerobics

Water Aerobics is an exercise program designed to build and increase muscle strength, cardio endurance, flexibility, and toning. A 45 minute session includes a warmup, intervals of muscle sets and cardio, stretching and a cool down. FREE with monthly membership.

<b>ACTIVITY CODE:</b>		<b>252511104</b>	
<b>AGE</b>		<b>FEE</b>	
16+		Drop-in \$5/adult, \$3/active ager	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T/ Th	5/27 - 7/3	10 - 11 a.m.	SECC
T/ Th	7/8 - 8/14	10 - 11 a.m.	SECC

# COMMUNITY CENTERS

The heart of our neighborhoods beats in our community centers. KCMO Parks & Recreation operates ten unique centers throughout the city that provide a wide array of activities, services and events for all ages.

## **ADMISSION**

**YOUTH** (Ages 17 and under )

Facility: Free

## **ADULT**

Facility Pass: \$5/day

**All Access Pass:** \$30/month, \$300/annual

Group (2 or more): \$30 for initial membership, \$10 off for each additional membership, must be members of the same household.

## **SENIOR** (60+)

Facility Pass: \$3/day

All Access Pass: \$20/month, \$200/annual

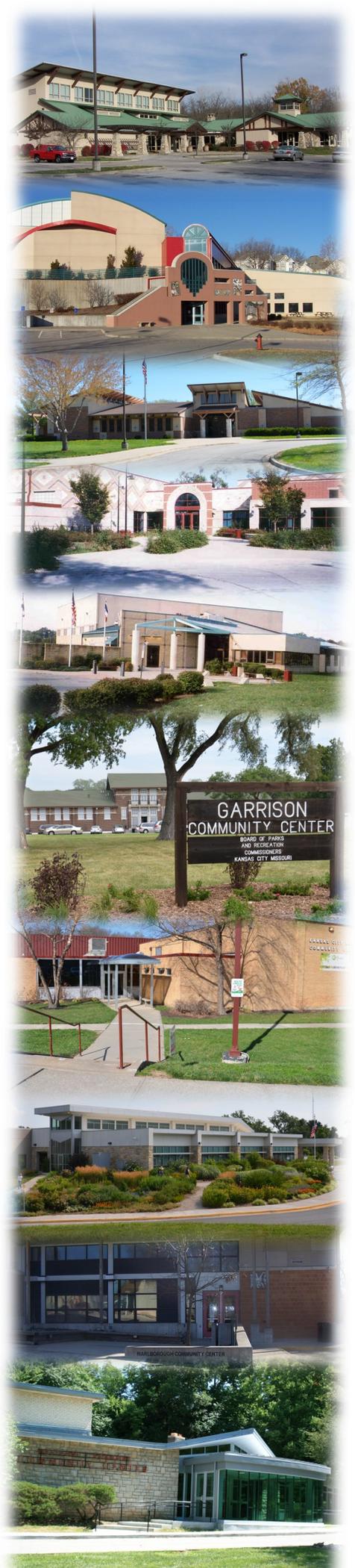
Group (2 or more): \$20 for initial membership, \$10 off for each additional membership, must be members of the same household.

## **LOCATION GUIDE**

<b>BRW</b>	Bruce R. Watkins
	Cultural Heritage Center
<b>CPF</b>	Central Park Field
<b>CLOTW</b>	Camp Lake of the Woods
<b>GCC</b>	Garrison Community Center
<b>GKCC</b>	Gregg/ Klice Community Center
<b>HCCC</b>	Hillcrest Community Center
<b>KCNCC</b>	Kansas City North Community Center
<b>LCCC</b>	Line Creek Community Center
<b>LNC</b>	Lakeside Nature Center
<b>MCC</b>	Marlborough Community Center
<b>MWNCC</b>	Mary Williams-Neal Community Center
<b>PV</b>	Pleasant Valley Park Athletic Complex
<b>SCLHM</b>	Shoal Creek Living History Museum
<b>SECC</b>	Southeast Community Center
<b>TACC</b>	Tony Aguirre Community Center
<b>WRCC</b>	Westport Roanoke Community Center



*The KCMO Parks & Recreation Department facilities and programs are available to people of all abilities. If accommodations or individualized supports are needed to participate, please contact Shayle Wigger at (816) 513-7516.*



**GARRISON  
COMMUNITY CENTER**

1124 E. Fifth St., KCMO 64106

P. 816-513-7720

**HOURS OF OPERATION**

Monday - Thursday: 11 a.m. – 9 p.m.  
Friday: 9 a.m.-6 p.m.  
Saturday: 9 a.m.-6 p.m.  
Sunday: CLOSED

**GREGG/KLICE  
COMMUNITY CENTER**

1600 John “Buck” O’Neil Way, KCMO 64108

P. 816-513-0652

**HOURS OF OPERATION**

Monday – Thursday: 6 a.m. - 9 p.m.  
Friday: 6 a.m. - 6 p.m.  
Saturday – Sunday: 9 a.m. - 6 p.m.

**HILLCREST  
COMMUNITY CENTER**

10401 Hillcrest Road, KCMO 64134

P. 816-513-8560

**HOURS OF OPERATION**

Monday - Thursday: 7 a.m. - 9 p.m.  
Friday: 7 a.m. - 6 p.m.  
Saturday/ Sunday: 9 a.m. - 6 p.m.

**KANSAS CITY NORTH  
COMMUNITY CENTER**

3830 N.E. Antioch Road, KCMO 64117

P. 816-513-7740

**HOURS OF OPERATION**

Monday – Thursday: 7 a.m. - 9 p.m.  
Friday: 7 a.m. - 6 p.m.  
Saturday – Sunday: 9 a.m. - 6 p.m.

**LINE CREEK COMMUNITY CENTER  
ICE ARENA**

5940 N.W. Waukomis Drive, KCMO 64151

P. 816-513-0760

**HOURS OF OPERATION**

Monday: 7 a.m. - 9 p.m.  
Tuesday - Friday: 6 a.m. - 9 p.m.  
Saturday/ Sunday: 9 a.m. - 6 p.m.

**MARY WILLIAMS-NEAL  
COMMUNITY CENTER**

3801 Emanuel Cleaver II Blvd., KCMO 64110

P. 816-513-0730

**HOURS OF OPERATION**

Monday - Thursday: 10 a.m. - 9 p.m.  
Friday - Sunday: 9 a.m. - 6 p.m.

**MARLBOROUGH  
COMMUNITY CENTER**

8200 The Paseo Blvd., KCMO 64131

P. 816-513-7800

**HOURS OF OPERATION**

Monday – Thursday: 11 a.m. - 9 p.m.  
Friday - Saturday: 9 a.m. - 6 p.m.  
Sunday: CLOSED

**SOUTHEAST  
COMMUNITY CENTER**

4201 E. 63rd St., KCMO 64130

P. 816-513-0632

**HOURS OF OPERATION**

Monday - Thursday: 6 a.m. - 9 p.m.  
Friday: 6 a.m. - 6 p.m.  
Saturday/ Sunday: 9 a.m. - 6 p.m.

**TONY AGUIRRE  
COMMUNITY CENTER**

2050 W. Pennway, KCMO 64108

P. 816-513-8530

**HOURS OF OPERATION**

Monday – Thursday: 7 a.m. - 9 p.m.  
Friday: 7 a.m. - 6 p.m.  
Saturday and Sunday: 9 a.m. - 6 p.m.

**WESTPORT  
COMMUNITY CENTER**

3601 Roanoke Road, KCMO 64111

P. 816-513-7660

**HOURS OF OPERATION**

Monday - Thursday: 10 a.m. - 9 p.m.  
Friday: 10 a.m. - 6 p.m.  
Saturday/ Sunday: 9 a.m. - 6 p.m.

# SPECIAL MEMBERSHIP PRICE

at KC Parks Community Centers

31 Day SALE  
May 1 - 31, 2025



MARY WILLIAMS-NEAL  
KANSAS CITY NORTH  
MARLBOROUGH  
TONY AGUIRRE  
GREGG/ KLICE  
SOUTHEAST  
LINE CREEK  
WESTPORT  
HILLCREST  
GARRISON

Get up to \$100 off the cost of Annual All Access Memberships

## ADULT ALL ACCESS

Annual Membership

Limited time special **\$200**

Regular price \$300

All Access Monthly Membership

Limited time special **\$25**

Regular price \$30

## ACTIVE AGING

ALL ACCESS

Annual Membership

Limited time special **\$100**

Regular price \$200

Monthly Membership

Limited time special **\$15**

Regular price \$20

## YOUTH ALL ACCESS

Annual Membership

Limited time special **\$75**

Regular price \$100

Youth 14 and under, must be accompanied by a paying adult. Does NOT include Public Skate.

Line Creek Youth

Annual Skating Pass

Limited time special **\$100**

Regular price \$175

All Access Memberships MUST be purchased at one of the Community Centers.

The pass may be used for the following at all KC Parks Community Centers:

Fitness Centers | Open Swim | Open Gym  
Public Ice Skating | Select Classes

This pass cannot be used for room or skate rentals, classes (unless specified), or activity fees.

Offer ends May 31, 2025

[kcparks.org](http://kcparks.org)



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# KC PARKS & REC SUMMER CAMPS 2025 WHERE KC PLAYS



**SIGN UP TODAY!**

**Traditional Summer Day Camp  
June 2 - Aug. 8**  
 Monday - Friday | 7:30 a.m. - 5:30 p.m.  
 Ages 6 - 13 | Fee: \$100/week  
**Hillcrest • Kansas City North • Southeast  
 Tony Aguirre • Westport Roanoke**

KC Parks Summer Camps encourage social and emotional growth. Summer will be filled with field trips, swimming, art and crafts, science, sports, activities, and so much more! Lunch and snacks provided.

**Line Creek Sports Camp  
June 2 - Aug. 8**  
 Monday - Friday | 7:30 a.m. - 5:30 p.m.  
 Ages 8 - 13 | Fee: \$150/week  
 Extended Care, add \$20/ week 7:30 a.m. - 5:30 p.m.  
**Line Creek**

Line Creek Sports Camp will be a summer full of fun! Children can have a great time making new friends in a safe environment. Youth will enjoy a different sports specific specialty camp each week, as well as arts & crafts, games, and field trips. Children will be provided with a lunch and an afternoon snack.

**Outdoor Adventure Summer Day Camp  
June 3 - Aug. 9**  
 Monday - Friday | 7:30 a.m. - 5:30 p.m.  
 Ages 8 - 13 | Day Camp: \$150/week  
 Extended Care, add \$20/ week 7:30 a.m. - 5:30 p.m.  
**Camp Lake of the Woods**

Outdoor adventure camp provides traditional summer camp programs with an emphasis on outdoor adventures.

**Teen Summer Day Camp  
June 2 - Aug. 8**  
 Monday - Friday | 7:30 a.m. - 5:30 p.m.  
 Ages 13 - 15 | Day Camp: \$150/week  
**KC North | Southeast**

Sign your teens up for 10 weeks of games, STEAM activities, and field trips plus going to a waterpark once a week! We will also focus on leadership skills. All snacks and lunch are provided.

*\$25 Registration Fee due at the time of initial enrollment.  
 Get a 20% discount on 10-week packages, if enrolled in all 10 weeks and paid in full by May 1, 2025.  
 10% multi-child discount (cannot be combined with any other discounts).  
 Financial Assistance available.*

**Sign up at [kcparks.org](http://kcparks.org)**

Tax Identification Number (EIN): 44-6000201



The KCMO Parks and Recreation Department facilities and programs are available to people of all abilities. If accommodations or individualized supports are needed to participate, please contact Shayle Wigger at 816-513-7516.



# CALENDAR OF EVENTS



## Garment District Grooves

Grab some lunch and listen to live bands in this quaint downtown park! Third Wednesday of the month through October. #AFoodTruckAndABand

AGE	FEE	LOCATION
All	Free	Garment District
DAY	DATE	TIME
W	5/21	11:30 a.m. - 1 p.m.
W	6/18	11:30 a.m. - 1 p.m.
W	7/16	11:30 a.m. - 1 p.m.
W	8/20	11:30 a.m. - 1 p.m.

## Celebrating Urban Birds

Visitors participate in scheduled hike. Inside the center, info tables give information about the 15 species of interest to Cornell. People will be encouraged to participate in Cornell Lab of Ornathology Citizen Science Survey. There will also be arts and crafts activities and display tables.

AGE	FEE		
All	Free		
DAY	DATES	TIME	LOCATION
Sa	5/17	10 a.m. - 2 p.m.	LNC

## Fox Hollow Fest – Celebrating Trees and Trails

Come out and enjoy guided hikes, make crafts, buy cool merch and play your luck with our raffle, all while enjoying the outdoors and some live music! There will be natives plants for sale as well as other local organizations to educate about all things trail related.

AGE	FEE		
All	Free		
DAY	DATES	TIME	LOCATION
Sa	6/1	11 a.m. - 3 p.m.	LNC

## Creative' Day

**Creative's Day** is an exciting event that brings together a vibrant mix of artistic activities for all ages and skill levels. The day will showcase a variety of creative outlets, from movement workshops to hands-on art sessions to interactive digital media displays and more. Whether you're interested in painting, crochet, dance, or photography there's something for everyone. Experience the power of self-expression and creativity as local artists and creators come together to inspire and engage. Don't miss this opportunity to unleash your creativity and connect with the community in a fun and dynamic atmosphere!

<b>ACTIVITY CODE:</b> 252511158			
AGE	FEE		
All Ages	Free		
DAY	DATES	TIME	LOCATION
Sa	6/7	1 - 4 p.m.	SECC

## Kansas City International Dragon Boat Festival

Brush Creek on the Country Club Plaza will be packed with people and dragons for the annual Kansas City Dragon Boat Festival. The boats enter the water for practice at 8 a.m. and festivities begin at 9:45 am. as drum rollers and dragons march along the banks of Brush Creek to kick-off a day of racing.

The festival is hosted by Kansas City-Xi'an Sister City Committee and the Society for Friendship with China in partnership with Kansas City Parks and Recreation.

AGE	FEE	LOCATION
All	Free	Brush Creek
DAY	DATE	TIME
Sa	6/21	10 a.m. - 3 p.m.

## Splish Splash Summer Bash

Summer has just begun, and it's time to party. Let's celebrate with several pool parties to kick off the summer.

<b>ACTIVITY CODE:</b> 252501106		
AGE	FEE	DAY
12 - 17	\$10/ Drop-In	F
DATES	TIME	LOCATION
6/6, 6/13, 6/20, 6/27	6 - 8 p.m.	MWNCC

## Juneteenth Spades Tournament

Join us as we celebrate Juneteenth and playing one of the most beloved card games in the community.

<b>ACTIVITY CODE:</b> 252501115		
AGE	FEE	LOCATION
18+	\$10 Drop-in	MWNCC
DAY	DATE	TIME
Sa	6/14	Noon - 5 p.m.



## Make Music Kansas City

Join us for Make Music Kansas City! A live, free musical celebration on June 21st, the longest day of the year, with concerts on streets, sidewalks, venues and parks across the city. Launched in 1982 in France as the Fête de la Musique, it is now held on the same day in more than 1,000 cities in 120 countries.

AGE	FEE	LOCATION
All	Free	Metro-wide
DAY	DATE	TIME
Sa	6/21	11 a.m. - 11 p.m.

## MixedFit Master Class

Celebrate National CROWN Day with **MixedFit®**, a fitness program combining explosive dance moves with body toning. Fun, easy-to-follow, and open to everyone, MixedFit® uses music and movement to bring people together. This is a 2-hour MasterClass with DJ, Photo Booth, Raffle Prizes and Vendors. Non-Members Free with Ethic Hair Care Product Donation

<b>ACTIVITY CODE:</b> 252511155			
AGE	FEE		
18+	FREE		
DAY	DATES	TIME	LOCATION
Sa	7/5	1 - 3 p.m.	SECC



Grab your teddy bear(s), picnic blanket and lunch to celebrate National Teddy Bear Picnic Day with in beautiful Swope Park!

Featuring

Music by *Janie Next Door*/ Story time with the *Kansas City Public Library*/ Ice Cream from the *Tasty Unicorn*  
Face Painting by the *KC Parks Ambassadors*

The Photo Bus GIF Booth

Teddy Bear Health Clinic (*bring your stuffed animals for repairs or a health check up*)

AGE	FEE	LOCATION
All	Free	Swope Park
DAY	DATE	TIME
F	7/11	11 a.m. - 12:30

## Recreation Day

Come celebrate Recreation Month with a Recreation Day! This event is a vibrant event filled with fun, excitement and togetherness! This field day brings everyone together for a day of outdoor enjoyment, offering a variety of activities that encourage friendly competition and teamwork. It's the perfect opportunity to enjoy the summer weather, meet new people and embrace the spirit of community. Whether you're participating or cheering on others, Recreation Day promises a memorable experience for all ages!

<b>ACTIVITY CODE:</b> 252511157			
AGE	FEE		
All Ages	Free		
DAY	DATES	TIME	LOCATION
Sa	7/12	10 a.m. - 2 p.m.	SECC

## Bugs Extravaganza

Learn cool things about bugs including life cycles. Also find out how to support pollinator species. Visitors can participate in scheduled hike. In the Center, observe a working beehive and a caterpillar zoo. Info tables provide information about insect life cycles, supporting pollinator species and insect predators. Arts and crafts are also available.

AGE	FEE		
All	Free		
DAY	DATES	TIME	LOCATION
Sa	7/19	10 a.m. - 2 p.m.	LNC



### Kansas City's Lawn Party 2025

Celebrate National Parks and Recreation Month at KC's biggest lawn party! This fun-filled evening of live music, food trucks, art activities and lawn games stretches from the Nelson-Atkins Museum of Art to Brush Creek. Enjoy art activities, live music, and games throughout the Lawn Party. Pack your own picnic or grab dinner from an on-site food truck! Rain or shine; no grills, no stakes, no tenting

AGE	FEE	LOCATION
All	Free	Theis Park
DAY	DATE	TIME
Su	7/21	4 - 8 p.m.

### Run for Raptors

Run for Raptors: a walk/run fundraiser held at Camp Lake of the Woods trails.

AGE	FEE		
All	Free		
DAY	DATES	TIME	LOCATION
Sa	8/2	7 a.m. - Noon	LNC

### Free Health Assessments

A full fitness assessment from a health professional.

<b>ACTIVITY CODE:</b>	252511167		
AGE	FEE		
18+	Free		
DAY	DATES	TIME	LOCATION
Sa	8/2	9 a.m. - Noon	SECC

### Water, Bugs, Fish & Frogs

Learn about all things water-related including how water quality affects wildlife AND humans. Visitors participate in scheduled hike. Inside the center, visitors observe fly tying. Info tables provide information about native fish, aquatic insects and frogs. All displays emphasize water quality and how it affects wildlife. There will also be arts and crafts activities and display tables.

AGE	FEE		
All	Free		
DAY	DATES	TIME	LOCATION
Sa	8/16	10 a.m. - 2 p.m.	LNC



Join us as we celebrate all the wonderful cultures that make Kansas City a wonderful and diverse place to call home. Enjoy food, music, crafts and dance from around the world.

Adult: \$5 | 12 and under: Free with Adult  
 Free Parking  
 Sorry, NO Pets Allowed. Must show certificate for service/ comfort animals.

AGE	FEE	LOCATION
All	\$5/ Adults	Swope Park
DAY	DATE	TIME
F	8/15	6 - 10 p.m.
Sa	8/16	Noon - 10 p.m.
Su	8/17	Noon - 6 p.m.

### Chair Aerobics

Designed to increase muscle strength, range of movement and improve activities for daily living. A chair is used for seating exercises, standing support, and can be modified depending on fitness level.

<b>ACTIVITY CODE:</b> 252503157			
<b>AGE</b>		<b>FEE</b>	
50+		\$3/ day   FREE/ w membership	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T/W	5/27 - 6/18	10 - 10:45 a.m.	GKCC
T/W	6/24 - 7/16	10 - 10:45 a.m.	GKCC
T/W	7/22 - 8/13	10 - 10:45 a.m.	GKCC
M/W	5/26 - 7/2	9:30 - 10:30 a.m.	MCC
M/W	7/9 - 8/13	9:30 - 10:30 a.m.	MCC

### Chair Yoga

Seated yoga will allow individuals to build strength, flexibility and endurance while keeping their heart happy and healthy with light exercises from the comfort of a chair.

<b>ACTIVITY CODE:</b> 252505107			
<b>AGE</b>		<b>FEE</b>	
60+		\$3/ day   FREE/ w membership	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T	5/27 - 7/1	9:30 - 10:30 a.m.	MCC
T	7/8 - 8/15	9:30 - 10:30 a.m.	MCC

### Senior Self-defense

Martial arts movement and stretching will allow the individual to develop a healthy body. Designed to increase muscle strength, range of movement, and improve activities for daily life.

<b>ACTIVITY CODE:</b> 252505117			
<b>AGE</b>		<b>FEE</b>	
60+		\$3/ day   FREE/ w membership	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Th	5/29 - 7/3	9:30 - 10:30 a.m.	MCC
Th	7/10 - 8/14	9:30 - 10:30 a.m.	MCC

### Silver Sneakers Classic

Designed to increase muscle strength, range of movement, and improve activities for daily living. A chair is used for seating exercises and standing support and can be modified depending on fitness level.

<b>ACTIVITY CODE:</b> 252506120			
<b>AGE</b>		<b>FEE</b>	
55+		\$3/ day   FREE/ w membership	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M - Th	5/26 - 8/17	10 - 11 a.m.	HCCC
T/Th	5/26 - 7/6	10 - 11 a.m.	TACC
T/Th	7/7 - 8/17	10 - 11 a.m.	TACC

### Active Agers Club

Active Agers will enhance their brain, develop social skills through table games, and other activities in a positive setting. Free with Silver Sneakers membership.

<b>ACTIVITY CODE:</b> 252505115			
<b>AGE</b>		<b>FEE</b>	
60+		\$3/ day   FREE/ w membership	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Th	5/29 - 7/3	Noon	MCC
Th	7/10 - 8/14	Noon	MCC

### Wise Words Collective

Our program is designed to increase mental sharpness, creativity, and memory. We will start every session with a word search that correlates with the book we are reading. We will read several pages during the book club session and discuss our thoughts on what is happening and what might happen. There will be a reading schedule to guide readers through the end of the book.

<b>ACTIVITY CODE:</b> 252503152			
<b>AGE</b>		<b>FEE</b>	
60+		\$3/ day   FREE/ w membership	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T/ W	5/27 - 6/18	12:30 - 1:30 p.m.	GKCC
T/ W	6/24 - 7/16	12:30 - 1:30 p.m.	GKCC
T/ W	7/22 - 8/13	12:30 - 1:30 p.m.	GKCC



## Senior Pickleball

This program will be played two days a week at Hillcrest in a fun and relaxed environment where seniors can learn and enjoy the game.

<b>ACTIVITY CODE:</b> 252502111			
<b>AGE</b>		<b>FEE</b>	
60+		\$3/ day   FREE/ w membership	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M/ W	5/26 - 8/17	12:30 - 3:30 p.m.	HCCC

## Mary Williams-Neal Card Group

A time of gathering for lively conversation, playing cards and games, enjoying entertaining and educational programs, and sharing lunch

<b>ACTIVITY CODE:</b> 242501110			
<b>AGE</b>		<b>FEE</b>	
50+		\$3/ day   FREE/ w membership	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
W/Th/F	5/28 - 7/4	Noon - 5 p.m.	MWNCC
W/Th/F	7/7 - 8/15	Noon - 5 p.m.	MWNCC

## 2 Stepping

Fun night of movement doing the KC two-step. Focusing on beginner and intermediate dancing while working on dance technique, rhythm and body awareness in a caring, nurturing environment.

<b>ACTIVITY CODE:</b> 243505105			
<b>AGE</b>		<b>FEE</b>	
55+		\$3/ day   FREE/ w membership	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Th	5/29 - 7/3	6 p.m.	MCC
Th	7/10 - 8/14	6 p.m.	MCC

## Garrison Cooking Club

Join us in the kitchen! We will learn fun recipes that you can take home and share with the family!

<b>ACTIVITY CODE:</b> 252507115			
<b>AGE</b>		<b>FEE</b>	
\$6/day (Under age 59)		\$5/ day (60+)	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Th	8/7	11 a.m. - 1 p.m.	GCC
Th	8/21	11 a.m. - 1 p.m.	GCC

## Senior Volleyball

Keep your heart happy and healthy with a light volleyball game that will keep the seniors moving and active.

<b>ACTIVITY CODE:</b> 252503119			
<b>AGE</b>		<b>FEE</b>	
55+		\$3/ day   FREE/ w membership	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M	5/26 - 7/14	Noon - 1 p.m.	GKCC
M	7/21 - 9/8	Noon - 1 p.m.	GKCC

## Senior Games

Timeframe set aside for Seniors (55+) to come into the community center to play a variety of games including Bingo, Dominoes, and Card Games.

<b>ACTIVITY CODE:</b> 252508128			
<b>AGE</b>		<b>FEE</b>	
55+		\$30 monthly   \$3 drop in	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Su	6/1 - 8/17	9 a.m. - Noon	KCNCC

## Senior Walking Club

This program provides an exercise regimen for seniors to be active and stay fit. This programs also helps track their steps to help them reach their exercise goals.

<b>ACTIVITY CODE:</b> 242502130			
<b>AGE</b>		<b>FEE</b>	
50+		\$3/ day   FREE/ w membership	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T/ Th	5/26 - 8/17	7 - 10 a.m.	HCC
Sa	5/31 - 7/5	10 - 11 a.m.	WRCC
Sa	7/12 - 8/16	10 - 11 a.m.	WRCC

# YOUTH PROGRAMS



Come celebrate at our place!  
 KC North, Westport, Line Creek and Hillcrest  
 are available for your next party.

Please contact one of these locations  
 for more details!

## Freedom Fire

Kids will participate in various fitness games and exercises such as dodgeball, basketball, and pickleball.

<b>ACTIVITY CODE:</b> 252507102			
<b>AGE</b>		<b>FEE</b>	
5 - 12		FREE	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
F	5/30 - 6/27	6:30 - 7 p.m.	GCC
F	7/11 - 8/15	6:30 - 7 p.m.	GCC



## Bricktopia

Tuesdays we will build Lego figures by following the directions that are included in the Lego and block sets. On Thursdays we will freehand build Lego and block figures from our imagination.

<b>ACTIVITY CODE:</b> 252503134			
<b>AGE</b>		<b>FEE</b>	
5 - 14		\$50/ Season   \$15 Drop-in	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T/ Th	5/27 - 6/19	5:30 - 6:30 p.m.	GKCC
T/ Th	6/24 - 7/17	5:30 - 6:30 p.m.	GKCC
T/ Th	7/22 - 8/14	5:30 - 6:30 p.m.	GKCC

## C.R.E.A.T.E.

Saturday will now be known as C.R.E.A.T.E. We will be drawing animals, painting, coloring, and TikTok dances. We will also have a cooking demonstration once a month during our C.R.E.A.T.E. program.

- C- cooking
- R- recreation
- E- entertainment
- A- art
- T- TikTok
- E- engagement

<b>ACTIVITY CODE:</b> 252503136			
<b>AGE</b>		<b>FEE</b>	
8 - 14		\$50/ Season   \$15 Drop-in	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Sa	5/31 - 7/19	11 a.m. - 1 p.m.	GKCC
Sa	7/26 - 9/13	11 a.m. - 1 p.m.	GKCC

## Late Night Camp

After hours camp where children enjoy sports, games, arts and crafts, and educational activities.

<b>ACTIVITY CODE:</b> 252508500			
<b>AGE</b>		<b>FEE</b>	
5 - 13		\$20/ Drop-in	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
F	6/20	5:30 - 9 p.m.	KCNCC
F	7/18	5:30 - 9 p.m.	KCNCC
F	8/15	5:30 - 9 p.m.	KCNCC

## Youth Rec Zone

Upper Room participants will get to play normal recreational activities and games. Such as Kick ball, Dodge ball, Basketball, Flag football, Tag and much more.

<b>ACTIVITY CODE:</b> 252501107			
<b>AGE</b>		<b>FEE</b>	
6 - 13		Free for Upper Room participants	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T/Th	5/27 - 7/3	3 - 5 p.m.	MWNCC
T/Th	7/8 - 8/14	3 - 5 p.m.	MWNCC

## Youth Fitness

Youth will get fit through various exercises.

<b>ACTIVITY CODE:</b>			
<b>AGE</b>		<b>FEE</b>	
12 - 16		Free/ w member	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M/ T	6/7 - 8/5	3 - 4 p.m.	MCC

## Let's Play T-Ball

This is a youth T-Ball Program where participants will learn the fundamentals and instruction. All participants will have the chance to improve their skills through training and games. Join us in a fun and safe environment this summer.

<b>ACTIVITY CODE:</b> 252540120			
<b>AGE</b>		<b>FEE</b>	
3 - 6		\$40/ Session	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Sa	7/12 - 8/16	10 - 11 a.m.	PV

## Garrison Community Garden

The community gardening program is a hands-on group and individual learning experience that helps youth develop a love of gardening and an appreciation for nature. Through teamwork we plant fruits and vegetables and learn about nutrition and many other skills.

<b>ACTIVITY CODE:</b> 252507106			
<b>AGE</b>		<b>FEE</b>	
5+		\$5	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M	5/26 - 6/30	6 - 7 p.m.	GCC
M	7/7 - 8/11	6 - 7 p.m.	GCC

## Homeschool Skate

Students will have the opportunity to be physically fit and earn P.E. credit all while having fun doing it. 8 week sessions. Sign up at the center only.

<b>ACTIVITY CODE:</b> 252504105			
<b>AGE</b>		<b>FEE</b>	
3 - 18		\$4/ first 2, then \$2/ family	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
F	5/31 - 7/6	9 - 10:30 a.m.	LCCC
F	7/13 - 8/17	9 - 10:30 a.m.	LCCC

## MWNCC Summer Craft Adventures

MWNCC will host a session of arts and crafts adventures with the youth. The craft sessions will be newly themed each week. It will consist of activities like making friendship bracelets, painting, board games, bubble painting, etc.

<b>ACTIVITY CODE:</b> 252501101			
<b>AGE</b>		<b>FEE</b>	
8 - 15		\$8 Drop-in	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T/Th	5/27 - 7/3	Noon - 1:30 p.m.	MWNCC

## MWNCC Sports Day & Back to School Sports Challenge

MWNCC will have a mini tournament. We will set up sports stations for games like basketball & dodgeball. The purpose is to create a fun mini tournament where kids can form teams and compete in friendly matches. We will also organize a fitness circuit with challenges like relay races, jump rope contests, and tug-a war competition. Winners will get small prizes or certificates.

<b>ACTIVITY CODE:</b> 252501102			
<b>AGE</b>		<b>FEE</b>	
8 - 15		\$8 Drop-in	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
S	8/16	1 - 4 p.m.	MWNCC

## MWNCC Stem Lab

MWNCC will host a session of arts and crafts adventures with the youth. The craft sessions will be newly themed each week. It will consist of activities like making friendship bracelets, painting, board games, bubble painting, etc.

<b>ACTIVITY CODE:</b> 252501103			
<b>AGE</b>		<b>FEE</b>	
8 - 15		\$5 Drop-in	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T/Th	7/8 - 8/14	2 - 4 p.m.	MWNCC

## Youth Escape Room at Westport

Looking for a thrilling challenge for your kiddos? Join us for an exciting Escape Room experience at Westport Roanoke Community Center! Every Saturday, gather your youngsters and let us test their wits, creativity, and teamwork. It will be reservation only.

<b>ACTIVITY CODE:</b> 252510111			
<b>AGE</b>		<b>FEE</b>	
8 - 16		\$10 Drop-in	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Sa	5/31 - 7/5	2 - 4 p.m.	WRCC
Sa	7/12 - 8/16	2 - 4 p.m.	WRCC

## Robotics

Come join the Westport robotics club! You can learn to build your very own robot!

<b>ACTIVITY CODE:</b> 252510108			
<b>AGE</b>		<b>FEE</b>	
10 - 16		\$40	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T	5/27 - 7/1	5 - 6 p.m.	WRCC
T	7/8 - 8/12	5 - 6 p.m.	WRCC



## Homeschool P.E.

Learning about and implementing the fundamentals of different sports.

<b>ACTIVITY CODE:</b> 252511159			
<b>AGE</b>		<b>FEE</b>	
5 - 13		\$3/ Drop-in   FREE/ w membership	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T	5/5 - 7/7	1 - 2 p.m.	SECC
T	7/7 - 9/1	1 - 2 p.m.	SECC

## Homeschool Fitness

Teaching and implementing proper fitness exercise program to youth.

<b>ACTIVITY CODE:</b> 252511163			
<b>AGE</b>		<b>FEE</b>	
5 - 13		\$3/ Drop-in   FREE/ w membership	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Th	5/5 - 7/7	1 - 2 p.m.	SECC
Th	7/7 - 9/1	1 - 2 p.m.	SECC

## Let's Play Olympics

This one-day activity introduces the community to our Let's Play programs.

<b>ACTIVITY CODE:</b> 252540112			
<b>AGE</b>		<b>FEE</b>	
3 - 6		FREE	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Sa	7/12	10 - 11:45 a.m.	TACC

## Let's Play Flag Football

This is a youth Let's Play Flay Football Program where participants will learn the fundamentals and instruction. All participants will have the chance to improve their skills through training and games. Join us in a fun and safe environment this summer.

<b>ACTIVITY CODE:</b> 252540133			
<b>AGE</b>		<b>FEE</b>	
3 - 6		\$40/ Player	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Sa	8/9 - 9/27	10 - 11 a.m.	CPF

## Mayor's Night Kicks Elementary

This program is for soccer players looking for a high-level Training. We will have High School and College coaches training the next generation of soccer players.

<b>ACTIVITY CODE:</b> 252540116			
<b>AGE</b>		<b>FEE</b>	
7 - 10		\$15/ Session	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M/W	6/2 - 8/17	6 - 8 p.m.	9th & Van Brunt

## Mayor's Night Kicks Middle School

This program is for soccer players looking for a high-level Training. We will have High School and College coaches training the next generation of soccer players.

<b>ACTIVITY CODE:</b> 252540118			
<b>AGE</b>		<b>FEE</b>	
11 - 13		\$15/ Session	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M/W	6/2 - 8/17	6 - 8 p.m.	9th & Van Brunt

## Mayor's Night Kicks High School

This program is for soccer players looking for a high-level Training. We will have High School and College coaches training the next generation of soccer players.

<b>ACTIVITY CODE:</b> 252540117			
<b>AGE</b>		<b>FEE</b>	
14 - 18		\$15/ Session	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M/W	6/2 - 8/17	6 - 8 p.m.	9th & Van Brunt

## Youth Soccer League

This youth Soccer league is for Kids ages 7 to 13. This is a recreational league with modified rules that will teach them the basics of soccer. The goal of this program is for the kids to walk away with fundamentals, friendship and fun. More details will be given after registration

<b>ACTIVITY CODE:</b>			
<b>AGE</b>		<b>FEE</b>	
7 - 13		\$200/ Team	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Sa	6/2 - 8/17	9 a.m. - 2 p.m.	9th & Van Brunt

# Esports



## Thursday Throwdown Esports Tournament Series

Join us every third Thursday of the month for an esports gaming tournament. Different games will be played using Nintendo switch gaming consoles. Prizes and giveaways to winners and participants. Every third Thursday of the month

<b>ACTIVITY CODE: 252508505</b>		
<b>AGE</b>	<b>FEE</b>	<b>DAY</b>
5 - 13	\$5/ drop-in	Th
<b>DATES</b>		<b>LOCATION</b>
6/19, 7/17, 8/21		KCNCC

## Gamer Tournament Series

A place where youth can escape the sun and play video games to win cool prizes. This is a tournament where every week there can be a new winner. We will have rank day on Tuesdays; Playoffs on Wednesday; and finals on Fridays. There will be opportunities for free play on Thursday.

<b>ACTIVITY CODE: 252503132</b>			
<b>AGE</b>	<b>FEE</b>		
13 - 18	\$5/drop-in  FREE w/Membership		
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T/W/Th	5/27 - 6/19	7 - 8:30 p.m.	GKCC
T/W/Th	6/24 - 7/17	7 - 8:30 p.m.	GKCC
T/W/Th	7/22 - 8/14	7 - 8:30 p.m.	GKCC

## Esports Summer Jam

Program dedicated to helping the youth excel in a variety of video games.

<b>ACTIVITY CODE: 252508503</b>		
<b>GRADES</b>	<b>FEE</b>	<b>DAY</b>
K - 12	\$5/ drop-in	W
<b>DATES</b>		<b>LOCATION</b>
5/28 - 7/2		KCNCC
7/9 - 8/13		KCNCC

# Athletics



## Sand-Tastic 2025

An open one-day Double elimination Sand Volleyball Tournament. This is a day of fun by enjoying the sun and playing games with friends and family.

<b>ACTIVITY CODE: 252540111</b>		
<b>AGE</b>	<b>FEE</b>	<b>LOCATION</b>
18+	\$150/ team	WRCC
<b>DAY</b>	<b>DATE</b>	<b>TIME</b>
S	6/21	10 a.m. - 6:30 p.m.

## Kickball Tournament

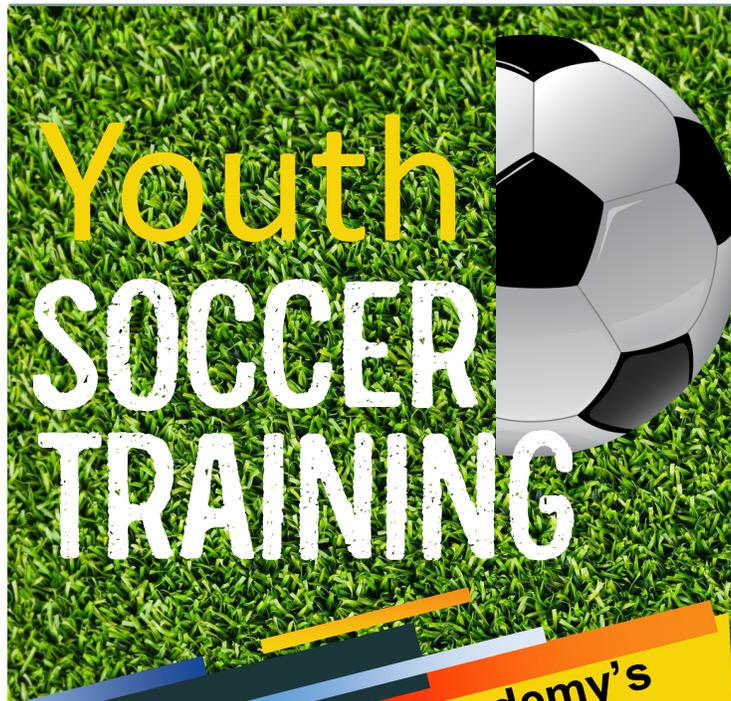
Westport Roanoke Community Center will host a one day Kickball Tournament. Teams are made up of 6-10 players and all teams are guaranteed at least three games.

<b>ACTIVITY CODE: 252510101</b>		
<b>AGE</b>	<b>FEE</b>	<b>LOCATION</b>
18+	\$250/ team	WRCC
<b>DAY</b>	<b>DATE</b>	<b>TIME</b>
Su	8/31	9:30 a.m. - 3:30 p.m.

## 4 on 4 Basketball Tournament

This will be a 6-team tournament to determine who has the best team. Each team will play 2 games to determine who plays for the champion. Winners will receive a trophy and bragging rights. Each team can have a max of 6 players.

<b>ACTIVITY CODE: 252510100</b>		
<b>AGE</b>	<b>FEE</b>	<b>LOCATION</b>
18+	\$325/ team	WRCC
<b>DAY</b>	<b>DATE</b>	<b>TIME</b>
Su	8/17	Noon - 3 p.m.



**Ryogoku Soccer Academy's  
Training Facilities**  
Swope Park (7331)

Training designed to help develop individuals looking to improve their performance at any level. Our coaching staff teaches Globally Innovative and Elite Positional Game Methods. With daily classroom instruction and on the field training, we strive to ensure each individual achieves a high level of understanding that translates to any environment. Additional training opportunities available.

Applications available upon request by emailing [Brad@RyogokuSoccerAcademy.org](mailto:Brad@RyogokuSoccerAcademy.org).

Practice  
Monday, Wednesday, and Thursday.  
5:30 - 7 p.m.

### Pickleball

Come play one of the fastest growing and most popular sports. Get a great workout while having fun learning the game and making friends. Both beginner and advanced play offered.

<b>ACTIVITY CODE:</b>		<b>252508157</b>	
<b>AGE</b>	<b>FEE</b>		
18+	Drop-in \$5/adult, \$3/active ager		
<b>Recreational/ Beginners</b>			
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M/T/W/F	6/1 - 7/15	8 - 10 a.m.	KCNCC
M/T/W/F	7/16 - 8/30	8 - 10 a.m.	KCNCC
M/W	5/26 - 8/17	12:30 - 3:30 p.m.	HCCC
M/W/F	5/6 - 7/4	7:30 - 10 a.m.	TACC
M/W/F	7/7 - 8/28	7:30 - 10 a.m.	TACC

<b>Advanced Players</b>			
<b>ACTIVITY CODE:</b>		<b>252508149</b>	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Th/Su	6/1 - 7/5	Th: 8 - 10 a.m. Su: Noon - 4 p.m.	KCNCC
Th/Su	7/16 - 8/30	Th: 8 - 10 a.m. Su: Noon - 4 p.m.	KCNCC

### Mayor's Night Adult Soccer

The **Adult Soccer Tournament** is a 11v11 adult soccer tournament with 8 Teams in a World cup style tournament. This tournament will bring the soccer atmosphere to the city before we host the FIFA World cup next summer.

<b>ACTIVITY CODE:</b>		<b>252540225</b>	
<b>AGE</b>	<b>FEE</b>	<b>LOCATION</b>	
18+	\$650/ team	9th & Van Brunt	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	
Su	6/2 - 8/17	Noon - 9 p.m.	

### Indoor Futsal

Getting adults to exercise through a game of futsal to help them move, stay active, build confidence, improve early decision making and overall health

<b>ACTIVITY CODE:</b>		<b>252503127</b>	
<b>AGE</b>	<b>FEE</b>	<b>LOCATION</b>	
25+	\$5/ Drop-in	GKCC	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	
W	5/28 - 7/16	7 - 8:30 p.m.	
W	7/23 - 9/10	7 - 8:30 p.m.	



**Join us for  
Summer**

**FOR BOYS AND GIRLS  
AGES 4-14**

**Fee \$85**

\*Plus \$20 National AYSO  
Fee/Insurance \*

Fee includes training and a full  
jersey kit (shirt, shorts, socks) and  
training provided by our trained  
coaches starting mid-August  
through the end of October.

**Register today @  
[www.kcayso.org](http://www.kcayso.org)**

Contact us today at:  
[registrar6h1161@gmail.com](mailto:registrar6h1161@gmail.com)

**JOIN IN  
THE FUN  
TODAY!**

Everyone Plays® | Balanced Teams  
Open Registration | Positive Coaching  
Good Sportsmanship | Player Development

# REGISTER FOR AYSO SOCCER!



**FEES INCLUDE  
SOCCER JERSEY KIT**



**KANSAS CITY  
Parks & Recreation  
PARTNER**





# Martial Arts

## Youth Judo

Students will experience progressive skills in Judo. Classes include warmup, skills practice, and fun. We'll work on a combination of wrestling, throwing, and submissions techniques. Beginner and advanced classes offered.

<b>ACTIVITY CODE:</b>	<b>252508152</b>
<b>AGE</b>	<b>FEE</b>
6 - 17	\$7/ drop-in, \$40/ month

BEGINNER			
DAY	DATES	TIME	LOCATION
T/Th	6/1 - 6/30	6 - 7:30 p.m.	KCNCC
T/Th	7/1 - 7/30	6 - 7:30 p.m.	KCNCC
T/Th	8/1 - 8/30	6 - 7:30 p.m.	KCNCC

ADVANCED			
DAY	DATES	TIME	LOCATION
T/Th	6/1 - 6/30	7 - 8:30 p.m.	KCNCC
T/Th	7/1 - 7/30	7 - 8:30 p.m.	KCNCC
T/Th	8/1 - 8/30	7 - 8:30 p.m.	KCNCC

## Adult Judo

Students will experience progressive skills in Judo. Classes include warmup, skills practice, and fun. We'll work on a combination of wrestling, throwing, and submissions techniques.

<b>ACTIVITY CODE:</b>	<b>252508146</b>		
<b>AGE</b>	<b>FEE</b>		
18+	\$7/ drop-in, \$40/ month		
DAY	DATES	TIME	LOCATION
M/Th	6/2 - 6/26	6 - 8:30 p.m.	KCNCC
M/Th	7/7 - 7/31	6 - 8:30 p.m.	KCNCC
M/Th	8/4 - 8/28	6 - 8:30 p.m.	KCNCC



## HEMA Swords Class

Heartland HEMA (Historical European Martial Arts) specializes in instructing students of all levels and physical ability in the use of a variety of renaissance and medieval weaponry.

<b>ACTIVITY CODE:</b>	<b>252508165</b>		
<b>AGE</b>	<b>FEE</b>		
18+	\$10/ drop-in, \$40/ month		
DAY	DATES	TIME	LOCATION
M/W	6/1 - 6/30	6 - 8 p.m.	KCNCC
M/W	7/1 - 7/30	6 - 8 p.m.	KCNCC
M/W	8/1 - 8/30	6 - 8 p.m.	KCNCC



# Ice Sports

## Public Skating

Guests of all ages are welcome to enjoy skating at Line Creek Community Center during our daily Public Ice Skating Sessions! We have ice hockey and figure skates available to rent and we also offer skating trainers for new skaters that may need a little extra assistance on the rink.

Go to [kcparks.org](http://kcparks.org) for available daily times.

<b>ACTIVITY CODE:</b> 252504210			
<b>AGE</b>		<b>FEE</b>	
All ages		\$8/admission, \$3/skate rental	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M	Ongoing	Noon - 1:30 p.m.	LCCC
T	Ongoing	7 - 8:30 p.m.	LCCC
Th	Ongoing	3:45 - 5:45 p.m.	LCCC
Sa	Ongoing	2 - 4 p.m.	LCCC

## Freestyle

This is Ice time dedicated to figure skaters to practice routines and skill development. Please check our freestyle calendar online for available daily times. 30 minute sessions. \$7/session, \$3.25/coaching, \$125/session pass

<b>ACTIVITY CODE:</b> 252504121			
<b>AGE</b>		<b>FEE</b>	
All Ages			
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M - F	Ongoing	Refer to the website	LCCC

## Skating Lessons

This is an on-ice skating program conducted in 30-minute classes. Participants will enjoy learning in a group setting, where they can work on their agility, balance, and skating skills through various on-ice staking instructions.

Go to [learntoskatekc.com](http://learntoskatekc.com) for more information.

<b>ACTIVITY CODE:</b> 252504209			
<b>AGE</b>		<b>FEE</b>	
5+		\$70/ Session	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T	7/8 - 7/29	6 p.m. & 6:30 p.m.	LCCC
T	8/5 - 8/26	6 p.m. & 6:30 p.m.	LCCC
Th	7/10 - 7/31	6 p.m. & 6:30 p.m.	LCCC
Th	8/7 - 8/28	6 p.m. & 6:30 p.m.	LCCC

## Adult Skills and Drills

Created for the beginner skater to learn some new skills or just get a great workout through drills and a scrimmage. Sign up at the center only.

<b>ACTIVITY CODE:</b> 252504212			
<b>AGE</b>		<b>FEE</b>	
18+		\$18 drop-in	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T	Ongoing	8:45 - 10 p.m.	LCCC

## Stick and Puck

Come practice and hone your hockey skills in an open practice time. Adults and youth are welcome.

<b>ACTIVITY CODE:</b> 252504205			
<b>AGE</b>		<b>FEE</b>	
All Ages		\$14 drop-in	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M - Th	Ongoing	10 - 11 a.m.	LCCC

## Adult Hockey League

Come join one of 4 levels (A, B, C, or D) of adult ice hockey in our Northland Hockey League. The Northland Hockey League offers players within a wide range of skill levels the opportunity to participate in organized, competitive play.

Go to [northlandhockeyleaguekc.com](http://northlandhockeyleaguekc.com) for more information

<b>ACTIVITY CODE:</b> 252504203			
<b>AGE</b>		<b>FEE</b>	
18+		Refer to the website	
<b>DAY</b>	<b>DATE</b>	<b>TIME</b>	<b>LOCATION</b>
Su/M/Th/F	5/26	Refer to the website	LCCC



### Advanced Adult Stick Time

Geared towards the more advanced hockey players to provide them with an opportunity to maintain and improve their skills on a weekly basis. Friday mornings.

<b>ACTIVITY CODE:</b> 252504204			
<b>AGE</b>		<b>FEE</b>	
18+		Refer to the website	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
F	5/26 - 7/6	11 a.m. - Noon	LCCC
F	7/7 - 8/17	11 a.m. - Noon	LCCC

### Homeschool Skate

Students will have the opportunity to be physically fit and earn P.E. credit all while having fun doing it. 8 week sessions. Sign up at the center only.

<b>ACTIVITY CODE:</b> 252504105			
<b>AGE</b>		<b>FEE</b>	
3 - 18		\$4/ first 2, then \$2/ family	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
F	5/26 - 7/6	9 - 10:30 a.m.	LCCC
F	7/13 - 8/17	9 - 10:30 a.m.	LCCC

## Fitness

### Adult Boot Camp

Fitness Boot Camp helps you get in shape and stay that way. From entry level to novice, participants will work all muscle groups, practice different methods of cardio workouts, and learn healthy eating habits. FREE with Membership.

<b>ACTIVITY CODE:</b> 252503138			
<b>AGE</b>		<b>FEE</b>	
16+		Drop-in \$5/adult, \$3/active ager	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M/W/F	Ongoing	6 - 6:45 a.m.	GKCC
T/Th	Ongoing	5:30 - 6:30 p.m.	GKCC
T/Th	Ongoing	6:15 - 7 p.m.	TACC

### Intro into Weightlifting

Come join us to learn how to properly and efficiently lift weights to gain lean muscle

<b>ACTIVITY CODE:</b> 252503125			
<b>AGE</b>		<b>FEE</b>	
14+		\$5/ day   FREE/ w membership	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Su	6/1 - 7/20	Noon - 12:45 p.m.	GKCC
Su	7/27 - 9/14	Noon - 12:45 p.m.	GKCC



### Boot Camp Fitness

Join us for a challenging but fun workout that will improve your strength and cardio fitness. Classes will be adaptable to a variety of fitness levels and will be led by an experienced instructor.

<b>ACTIVITY CODE:</b> 252306116			
<b>AGE</b>		<b>FEE</b>	
18+		\$5/ Drop-in	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T/ Th	5/27 - 7/3	6:15 - 7 p.m.	TACC
T/ Th	7/8 - 8/14	6:15 - 7 p.m.	TACC

### MixedFit

MixedFit is a people-inspired fitness program that combines explosive dance movements with body weight and toning. Our dance fitness program can be described as explosive. We dance to the latest songs and your favorite hits. Then, we spice things up by adding body toning exercises to make your workout more effective and challenging.



<b>ACTIVITY CODE:</b> 252511150			
<b>AGE</b>		<b>FEE</b>	
18+		\$5/ Drop-in	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T/Th	5/27 - 7/3	5:30 - 6:30 p.m.	SECC
T/Th	7/8 - 8/14	5:30 - 6:30 p.m.	SECC

## Core Blaster

An extensive abdominal focused workout class.

<b>ACTIVITY CODE:</b>		<b>252511165</b>	
<b>AGE</b>		<b>FEE</b>	
13+		\$5/ day   FREE/ w membership	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
W/ F	5/5 - 7/7	4 p.m.	SECC
W/ F	7/7 - 9/1	4 p.m.	SECC



## Chair Fitness

This low intensity workout combines cardio, strength, and flexibility, in a seated or standing position. A perfect exercise class for seniors, those just starting an exercise routine, those with balance issues, those recovering from an injury or surgery or anyone who needs a very low intensity workout.

<b>ACTIVITY CODE:</b>		<b>252511101</b>	
<b>AGE</b>		<b>FEE</b>	
18+		\$5 Drop-in	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M/ W	6/2 - 7/2	9 - 10 a.m.	SECC
M/ W	7/8 - 8/14	10 - 10:30 a.m.	SECC

## I Spy

This is an interactive walking program. Take a 1-mile scenic route while playing I spy. Can you guess all the clues?

<b>ACTIVITY CODE:</b>		<b>252503150</b>	
<b>AGE</b>		<b>FEE</b>	
18+		\$5/ Drop-in   FREE/ w membership	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Sa	5/31 - 7/19	9 - 10 a.m.	GKCC
Sa	7/26 - 9/13	9 - 10 a.m.	GKCC



## Progress (Strength & Conditioning)

Helping individuals understand the importance of exercising while instituting a consistent workout plan, the benefits of it, and how proper nutrition for the body enables the body to function better.

<b>ACTIVITY CODE:</b>		<b>252501109</b>	
<b>AGE</b>		<b>FEE</b>	
18+		\$75/Session   \$10/drop-in	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M/ W	5/26 - 7/6	6 - 7:30 p.m.	MWNCC
M/ W	7/7 - 8/17	6 - 7:30 p.m.	MWNCC



## Teaching Healthy Habits

Educating people about proper fitness/health techniques.

<b>ACTIVITY CODE:</b>		<b>252511161</b>	
<b>AGE</b>		<b>FEE</b>	
13+		FREE	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
W	5/5 - 7/7	3 p.m.	SECC
W	7/7 - 9/1	3 p.m.	SECC



### Fitness Room Orientation

Learn how to properly use our fitness equipment. Build confidence and help to reduce short- and long-term injury by participating in training led by our staff.

<b>ACTIVITY CODE:</b>		252503121	
<b>AGE</b>		<b>FEE</b>	
16+		\$5/ day   FREE/ w membership	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
W/ Th	5/28 - 6/19	W: 1 - 2 p.m. Th: 5 - 6 p.m.	GKCC
W/ Th	6/25 - 7/17	W: 1 - 2 p.m. Th: 5 - 6 p.m.	GKCC
W/ Th	7/23 - 8/14	W: 1 - 2 p.m. Th: 5 - 6 p.m.	GKCC



### Water Aerobics

Water Aerobics is an exercise program designed to build and increase muscle strength, cardio endurance, flexibility, and toning. A 45 minute session includes a warmup, intervals of muscle sets and cardio, stretching and a cool down. FREE with monthly membership.

<b>ACTIVITY CODE:</b>		252511104	
<b>AGE</b>		<b>FEE</b>	
16+		Drop-in \$5/adult, \$3/active ager	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T/ Th	5/27 - 7/3	10 - 11 a.m.	SECC
T/ Th	7/8 - 8/14	10 - 11 a.m.	SECC



### Adult Swim Fitness

Swimming is a great way to get in shape but many adults don't know what to do in the pool or lack sufficient technique to get the benefits. This program will provide a structured but flexible workout along with stroke technique instruction.

<b>ACTIVITY CODE:</b>		252506112	
<b>AGE</b>		<b>FEE</b>	
18+		\$40/ Season   \$5/ Drop-in	
<b>DATES</b>	<b>DAY</b>	<b>TIME</b>	<b>LOCATION</b>
5/7 - 7/5	W Sa	5:30 - 6:15 p.m. 11 a.m. - Noon	TACC
7/10 - 8/16	W Sa	5:30 - 6:15 p.m. 11 a.m. - Noon	TACC

# Cards, Games, Books, Dance, and Craft

## Mary Williams-Neal Card Group

A time of gathering for lively conversation, playing cards and games, enjoying entertaining and educational programs, and sharing lunch

<b>ACTIVITY CODE:</b> 252501111			
<b>AGE</b>		<b>FEE</b>	
50+		\$3/ day   FREE/ w membership	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
W/Th/F	5/28 - 7/4	Noon - 5 p.m.	MWNCC
W/Th/F	7/7 - 8/15	Noon - 5 p.m.	MWNCC

## Adult Game Night

This is a night where adults can come and play some of these old childhood games such as connect 4, uno, cornhole and a host of other games.

<b>ACTIVITY CODE:</b> 254510100			
<b>AGE</b>		<b>FEE</b>	
18+		\$10 Drop-in	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
W	4/16	6 - 8 p.m.	WRCC
W	5/21	6 - 8 p.m.	WRCC

## Let's Crochet

Creating lavish, beautiful, and unique crotchet outfits/ hats.

<b>ACTIVITY CODE:</b> 252503130			
<b>AGE</b>		<b>FEE</b>	
18+		\$50/ Session   \$15 Drop-in	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
W/ Th	5/28 - 6/19	2 - 4 p.m.	GKCC
W/ Th	6/25 - 7/17	2 - 4 p.m.	GKCC
W/ Th	7/23 - 8/14	2 - 4 p.m.	GKCC

## Bingo

A fun game night for family and friends winning prizes and making friendships.

<b>ACTIVITY CODE:</b> 252501113			
<b>AGE</b>		<b>FEE</b>	
18+		\$3/ Drop-In	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Th	5/29, 6/12, 6/26	6:30 - 8 p.m.	MWNCC
Th	7/10, 7/24, 8/7	6:30 - 8 p.m.	MWNCC



## Garrison Book Club

Join the Garrison Community Center Book Club every 3rd Thursday of each month. We will explore new and exciting stories to discuss! All reading materials will be provided by Kansas City Public Library.

<b>ACTIVITY CODE:</b> 252507105			
<b>AGE</b>		<b>FEE</b>	
18+		Free	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Th	7/17	6 - 7:30 p.m.	GCC
Th	8/21	6 - 7:30 p.m.	GCC

## 2 Stepping

Fun night of movement doing the KC two-step. Focusing on beginner and intermediate dancing while working on dance technique, rhythm and body awareness in a caring, nurturing environment.

<b>ACTIVITY CODE:</b> 254505103			
<b>AGE</b>		<b>FEE</b>	
21+		\$3/ day   FREE/ w membership	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Th	5/29 - 7/3	6 p.m.	MCC
Th	7/10 - 8/14	6 p.m.	MCC

## Line Dance

Line dances are choreographed dances with a repeating series of steps that are performed in unison by a group of people in lines or rows, most often without the dancers making contact with one another.

<b>ACTIVITY CODE:</b> 252501104			
<b>AGE</b>		<b>FEE</b>	
18+		\$40/ Session   \$10 Drop-in	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
W	5/28 - 7/2	6:30 - 7:30 p.m.	MWNCC
W	7/9 - 8/13	6:30 - 7:30 p.m.	MWNCC
W	6/4 - 7/2	5:30 - 6:30 p.m.	SECC
W	7/9 - 8/13	5:30 - 6:30 p.m.	SECC

# Golf

***KC Parks' five municipal golf courses offer diverse playing venues and opportunities to learn and play the game of golf, as well as provide green spaces throughout the city.***

The most historic of the five facilities is **Swope Memorial** built in 1915 and redesigned by renowned architect A.W. Tillinghast in 1934. This demanding layout has hosted several championships, including the PGA Kansas City Open in the 1940s and more recently the 2005 USGA Women's Public Links. In 2001 **Shoal Creek Golf Course** became the new flagship of Kansas City's five courses. These two championship courses offer the most skilled players exceptional challenges and depict the true beauty and diversity of the Kansas City landscape.

**Hodge Park Golf Course** in the Northland and **Minor Park Golf Course** in South Kansas City both offer fun, affordable golf for players of any skill level. Each course is designed to pose a challenge and cater to anyone who plays the game. The holes are shorter to allow a relaxing, recreational experience. These family-friendly courses offer a great opportunity to walk and enjoy the health benefits of fresh air and exercise.

**Heart of America Golf Course / Tom Watson Golf Academy** offers the ultimate learning and playing opportunities in the heart of Swope Park. This facility is pure fun and recreation for anyone of any age and any skill. HOA offers three options: a beautiful regulation-length 9-hole course; a fun par-three 9-hole course; and a Tom Watson-designed junior course. HOA is home of the Tom Watson Golf Academy and also offers the best junior golf programs in Kansas City. The First Tee of Greater Kansas City, an organization that promotes the game of golf to youth in urban areas, has its offices at HOA as well. No matter where you live in Kansas City, these regulation courses provide great values that are convenient and give even the newest golfers a place to learn and play.



**Heart Of America Golf Course**



**Hodge Park Golf Course**



**Minor Park Golf Course**



**Shoal Creek Golf Course**



**Swope Memorial Golf Course**



## KC PARKS PUBLIC GOLF COURSES

### Heart of America Golf Course

7501 Blue River Rd.  
Pro Shop & Tee Times: 816-513-8940  
[hoagolfacademy.com](http://hoagolfacademy.com)

- Features:** Clubhouse, Pro Shop, Snack Bar, Memberships, Lessons, Tournament Packages, Leagues, Meeting Rooms, Practice Facilities
- Courses:** **The River Course:**  
9 holes, 2,604 yards, Par 35  
**The Rock Course:**  
9 holes, 1,641 yards, Par 27  
**The Hill:**  
3-hole junior course, 1,102 yards

### Hodge Park Golf Course

7000 N.E. Barry Rd.  
Pro Shop & Tee Times: 816-781-4152  
[hodgeparkgolf.com](http://hodgeparkgolf.com)

- Features:** Clubhouse, Pro Shop, Snack Bar, Memberships, Lessons, Tournament Packages, Leagues, Junior Golf, Camp, Practice Facilities
- Course:** 6,223 yards, Par 71

### Minor Park Golf Course

11215 Holmes Rd.  
Pro Shop & Tee Times: 816-942-4033  
[minorparkgolfcourse.com](http://minorparkgolfcourse.com)

- Features:** Clubhouse, Pro Shop, Snack Bar, Memberships, Lessons, Tournament Packages, Leagues, Practice Facilities
- Course:** 5,796 yards, Par 70

### Shoal Creek Golf Course

8905 Shoal Creek Pkwy  
Pro Shop & Tee Times: 816-407-7242  
Weddings / Events: 816-407-7242 (Ext. 24)  
[shoalcreekgolf.com](http://shoalcreekgolf.com)

- Features:** Clubhouse, Pro Shop, Snack Bar, Memberships, Lessons, Tournament Packages, Leagues, Meeting Rooms, Banquet Facilities, Practice Facilities
- Course:** 6,983 yards, Par 71

### \*\*\*Under Construction\*\*\*

### Swope Memorial Golf Course

6900 Swope Memorial Dr.  
Pro Shop & Tee Times: 816-513-8910  
[swopememorialgolfcourse.com](http://swopememorialgolfcourse.com)

- Features:** Clubhouse, Pro Shop, Snack Bar, Memberships, Lessons, Tournament Packages, Leagues, Meeting Rooms, Banquet Facilities, Practice Green
- Course:** 6,274 yards, Par 72

### FOOTGOLF

FootGolf is a combination of the popular sports of soccer and golf. The game is played with a regulation No. 5 soccer ball at a golf course on shortened holes with 21-inch diameter cups. The rules largely correspond to golf rules. The first FootGolf course in the KC metro area is located at the current par 3 (The Rock) golf course at the Heart of America Course in Swope Park. Come out, and give it a try!



## BRUCE R. WATKINS CULTURAL HERITAGE CENTER

3700 Dr. Martin Luther King, Jr. Blvd., Kansas City, MO 64130 816-513-0700

### GENERAL INFORMATION

The Center is named in honor of Bruce R. Watkins, a political and social activist. Watkins was fueled by the need to recognize and preserve the varied contributions African-Americans made to the development of Kansas City. The center opened in December 1989 as the outgrowth of Watkins' efforts. Construction of the Center was made possible through the work and contributions of the Bruce R. Watkins Fountain Inc., the Kansas City Parks and Recreation Department, and the State of Missouri.

### HOURS OF OPERATION

Tuesday - Saturday: 10 a.m. - 6 p.m.



## LAKESIDE NATURE CENTER

4701 E. Gregory Blvd., Kansas City, MO 64132 816-513-8960

### GENERAL INFORMATION

Lakeside Nature Center, located in Swope Park, is one of Missouri's largest wildlife rehabilitation facilities and provides educational and recreational opportunities that focus on the environment. The center typically houses about 75 animals including two bald eagles, two turkey vultures, three barred owls, three varieties of hawks and two Kestrel falcons. The Center even has a box turtle named "Wilma" that is thought to be about 80 years old.

### HOURS OF OPERATION

Tuesday - Sunday: 9 a.m. - 4 p.m.  
Closed Mondays and some Holidays

#### Mother Nature Reads:

First Saturday of the month, 10 a.m.

#### Boy Scout Programs:

LNC can be your next Adventure to earn a Badge.

#### Girl Scout Programs:

LNC can be a part of earning Skill-Building Badges and Journey Awards.

### ANIMAL ASSISTANCE

If you have a native Missouri animal in need, please call the Center 816-513-8960 and leave a message. You will be contacted shortly and given instructions on what to do.

#### Habitat Hikes:

Enjoy a guided hike with a naturalist

